

Vol. 23. No. 1

tightwire

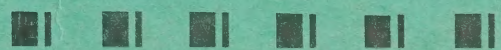
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1989

Spring 1989



CENTRE OF CRIMINOLOGY LIBRARY



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A Very Special Thank You to
to my friend, sister & co-editor

GAYLE HORII

for the love and talents she
SHARES

GOOD FORTUNE

IN Matsqui, B. C.

WE LOVE and MISS YOU!!

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Thanks For The Contributions From:

CHRYSTOS
LISA deVILIERIS
GAYLE
IRENE HAYES
DEBBIE.C
ANN RIDDELL
JOHN CHAIF

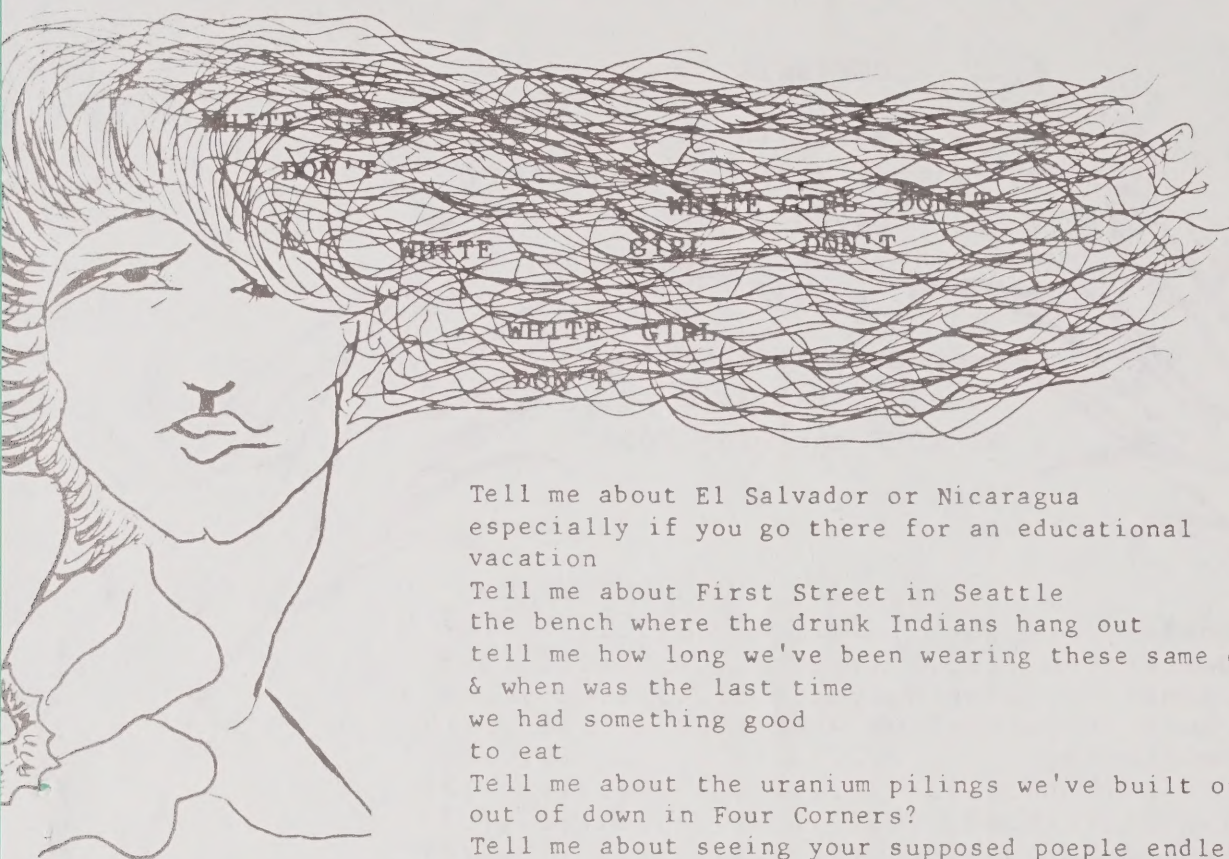
HEATHER
MAVA
POKEY
SOPHIE
CYNDI.B
BRENDA.B
DRAGON LADY

STAFF:

Editor.....Jo-Ann Mayhew
Co-Editor.....Hash O'Keefe
Co-Editor Gayle Horii

Thanks to A.D.P & Printers

TIGHTWIRE is a quarterly publication by the Federal Prisoners at
the Prison for Women in Kingston, Ontario, Canada. All material
is subject to Censorship by the Administration prior to printing.



by

CHRYSTOS

NOT VANISHING(1988)

Tell me about El Salvador or Nicaragua
especially if you go there for an educational
vacation

Tell me about First Street in Seattle
the bench where the drunk Indians hang out
tell me how long we've been wearing these same clothes
& when was the last time
we had something good
to eat

Tell me about the uranium pilings we've built our houses
out of down in Four Corners?

Tell me about seeing your supposed poeple endlessly flickering
across gray screens & still
being called savages

White girl don't

tell me about South Africa

Tell me about the streets of Philadelphia
where a Black man slept in the snow & nobody cared but me

Tell me about being an eleven year old girl
whose leg is shot off

because she was accidentally in the way of an argument
the numbers runner is having with the Mafia Man

Tell me about having a mother so drunk
she can't take care of you because she knows
even sober she couldn't give you what you need

For every hungry belly you want to blame
on somebody else somewhere else
exotic or romantic

I can show you ten bellies here
empty as your words

Don't talk to me

about the prison conditions in Russia or Peru or Argentina
Let me take you to Purdy white girl

I'll show you some torture that works & works & works
doesn't leave a mark

Somewhere else is safer & now your fault & not your responsibility

EDITORIAL

1989 opened with a first time ever invitation to the media to visit the Prison for Women. Members of the prison population willing to speak to reporters were free to do so. Most of the facilities in the prison were open to public scrutiny. The one notable exception being the Segregation unit and the prisoners held within. The result was a flurry of coverage of some of the current and herstoric issues that have long awaited, not just public attention, but a determination of political will to effect positive change.

Out of the mass of media coverage the closing words of columnist June Callwood of Toronto's Golbe and Mail remain firmly in my mind. In writing on the circumstances surrounding the death of Marlene Moore, Callwood concluded that "Justice is a lot of trouble." I am grimly wondering if the politicians of this country are not finding that justice is too much trouble and tragically sacrificing the social process to the modern gods of expediency and economics. This seems to be the case as British Columbia is proceeding to build a \$40 million prison for women in the concrete of the '80's but in fact a weary repetition of the 1930's model of failure here in Kingston. When Justice remains too much trouble this structure and others like it, will stand as a grim omens to a bleak social future.

It is not reassuring to hear that British Columbia has adopted its design in conjunction with a User's Committee "well represented by women with considerable management experience in Federal and Provincial corrections." Reminds me of asking a fisherman to design an appropriate pond for fishes -- no doubt whose interests are being kept close to heart in the matter.

When the cook designs the kitchen, good things happen; when third world farmers are allowed to identify their own needs, irrigation, hoes and wheelbarrows are solutions - not massive bulldozers or tractors. If women incarcerated were consulted, their priorities are understandable, very basic in comparison to (and at odds with) the incredibly sophisticated, single-minded, designs for control being imposed.

The battered, raped and victims of incest that form most of the female prisoner population need to reclaim their bodies. An abundance of fresh air and exercise are free!!! natural ways towards healing. Likewise, we need to be taught and encouraged to implement really health-full diets. If Corrections would spend only a fraction of its budget promoting the principles and eating facts of life which connect diet and behavior, they would be quickly find changes in behavior that would well prove the design of their new prison foolish in the extreme. Has anyone in Corrections taken the time to read Barbara Reed's "Nutritional Guidelines for Correcting Behavior"?

A Constructive and Collective Effort

The concept of human rights is both all-embracing and simple. It covers everything from political freedoms and fairness in employment to the accommodation of the handicapped and the equality of the sexes. At the same time, it is based on the simplest of moral propositions: that no matter how different our beliefs, our appearances, our stations or times of life, we are made of the same material and bound by our common fate.

The history of the world, and especially the history of the last 40 years, reminds us how difficult it has always been to keep faith with our overarching humanity and not to give way to cynicism and mutual exploitation. As a result, the Universal Declaration of Human Rights, whose 40th year we are commemorating in this publication, must be seen as much more than a rhetorical appeal to our better nature. It offers us a conceptual model of the world in which we want to live.

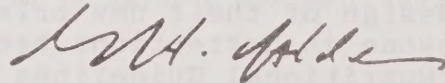
The Declaration has set the benchmarks against which our national and local institutions can measure themselves. It has become the touchstone for what is morally and politically acceptable in an increasingly crowded, complex and precarious world, the very conscience of the world community.

As the following articles will testify, Canada, like most other countries around the globe, has been trying to translate the broad principles of the Declaration into laws and programmes that will give them substance and enforceability. The Canadian Human Rights Commission is only one of many agencies that have been given the task of unravelling and resolving the conflicts that arise as we try to achieve our ideals of equity in the real world.

In this booklet we present the views of a number of Canadians about how Canada has been faring. We have deliberately avoided playing Pollyanna: as the reader will discover, we have let these persons speak for themselves. What they have to say does not always encourage optimism or reflect well on those in charge of human rights programmes, although I believe there is underlying agreement that progress has been made.

The Commission's own record over the last ten years is a mixed one as well, and we can no doubt learn as much from its defeats as from its victories. It seems to me, as a relatively new arrival on the scene, that we have reached a critical juncture in our efforts to humanize the federal domain. It is a time to review our objectives and look for fresh and imaginative ways to obtain prompt and honourable redress for individual complainants while at the same time taking on formidable long-term challenges such as employment equity, pay equity and the rights of the disabled.

Where we have law, we must have enforcement, or the law itself falls into disrepute. But in the area of human rights, we must also hew closely to the spirit of that law, which is one of mutual respect and the institutional accommodation of all kinds and conditions of human beings. The size of such a task beggars description. The only thing one can be sure of is that it must not be a rearguard and punitive action by enforcement agencies, that we need forward-looking, constructive and collective effort from all concerned. That alone would be a worthy tribute to the Universal Declaration.



Maxwell Yalden

The right to be different

Human rights
in Canada:
an assessment



1978

1988

or "The Hidden Addiction and How to Get Free?"....These approaches are not new but require a determined commitment to cornerstones of good living rather than commitment to concrete contracts.

Without doubt, the abuse by neglect that has haunted the women imprisoned at the P4W is only one small fragment of the pain experienced by other "outcast" minorities in our society. The treatment of women in general is often said to provide the model upon which all oppression is based. As the women across this country -and far beyond- are reclaiming the power of their own voices, they are more clearly identifying the multiple, insidious means that have bought or forced their silence. As we learn to listen, to join our voices, we gain strength from each other. Strength to continue on the path of identification and strength to risk new experiences of freedoms encountered. In this sharing we find we are no longer alone in pursuing the goals offered forty years ago by our own country's Declaration of Human Rights, "that no matter how different our beliefs, our appearances, our stations in life, we are made of the same material and bound by our common fate.

This common fate is made very clear in reading the words of Chrystos. It is a privilege to present a review of her work in this issue of TIGHTWIRE. Within this prison, it has been our Native Sisters who have consistently battled for independent recognition. They fight the battles of both racism and sexism. In the troubled times of last December, they endeavored to bring both peace and strength to all in the sharing of their ceremonies within circles of peace and the songs of drums.

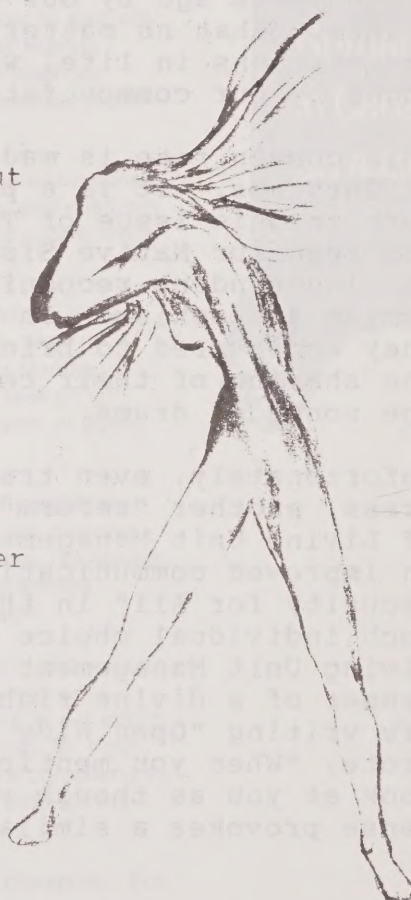
Unfortunately, even tragically, even as P4W opened to the press, another "reform" struck the population in the form of Living Unit Management. The prelude to this new exercise in improved communication came under the banner of "Maximum Security for All" in the form of controlled movement, displacing much individual choice around time spent in the yard or gym. Living Unit Management endorses "Mass Punishment" in the manner of a divine right of a correctional facility. In his writing "Open Wide the Prison Gates", Father Philip Berrigan wrote, "When you mention consequences, people (the peacemakers) look at you as though you'd spoken an obscenity." Humane common sense provokes a similar response when suggested to the CSC.

Jo Ann Mayhew

Editor

Speak to me of abuse
 self abuse ... mutilation
 attempts at suicides
 nah no more no more at the physical
 nah just emotional
 spirituality hang on tight
 walk a fine line
 between here and insane -ity
 desires unbearable refuse to
 feel to touch to want
 un-sexual un-able to show
 love freely without stamping my
 emotional to the balls of my
 feet no good stupid whore slut
 pain without feeling pain am I
 really real or am I a figment
 of my own dirty imagination
 soiled wait for the trash man
 come pick me up but
 they pass me by.... too....

Heather Langabeer



An anguished voice in the distance
 of one I am unable to reach
 cries of pain

 of loneliness
 guttural tones
 sometimes defeat
 and here I sit
 very much alone
 caged ... helpless ... knowing
 there is very little I can do
 ...pray...

pray for the sisters
 who cry out in pain
 reaching out ...
 to touch ...

 ... death
 death of the spirit
 of the will to survive...

... Someone once told me
 it was the weak who
 cried aloud....

Heather Langabeer



Heather
 (Langabeer)
 704

A READER WRITES -----

December 15, 1988

Dear TIGHTWIRE:

Hi!!!....How are you doing? Besides being where, I'm sure, you do not really want to be. I hope this find you and yours (those that make your days a bit more bearable) in the most fantastic, fine and robustly healthy spirits. Or at least as best as can possibly be expected under the circumstances. As for myself, indeed much better than I was several years ago. I found my purpose in life. It broke my chains, set me free. I have been incarcerated since 1974. I was doing two life bits (25 & 10), now I'm doing three. Of course that is not what set me free.

What broke my proverbial chains is education. In 1985 (fall) I was urged to sign up in a University program. Because the Simon Fraser University needed a minimum number of students otherwise it was scheduled to cancel. So, being the righteous knuckle-dragging prisoner that I had been for over a broom pushing decade, I signed up without hesitation. Just so that we didn't lose ground we had struggled to gain. I had no intentions of going to school. School was a hangout. However, I sat in on some lectures, they were quite interesting. I began attending more regularly, still doing no written assignments: only because I **DID NOT KNOW HOW!!!** Nevertheless, I found school extremely exciting. I was literally high for almost six months from attending school! Although I failed all of my subjects, I still felt good.

I started attending Adult Basic Education, enrolled in GED. Three years later I am still involved with education. I have gained GED 12 and have completed first year Simon Fraser U. I am hoping to obtain a teachers degree, that's my goal.....
.....With all sincerity

MAVA

Pst...

Don't give up the fightPersistence will prevail!!

*****Dear Mava, Many thanks for writing TIGHTWIRE and sharing your experience. Education challenges our thinking. By this process we open ourselves to the doors of reflections and as Roy Glaremin of Collins Bay writes, "Reflection in itself will not change your release date, but it may help you to find a precious kernel of wisdom. Such wisdom is worth more than physical freedom. Meegwetch....Jo-Ann

CONFIDENTIAL TUTORING

Frontier College Prison Literacy Initiative is a confidential, one-to-one tutoring service, for women in prison who want to improve their reading, writing, spelling and math skills. It is not a school program although students may choose to work on school work.

Tutors are volunteers from the community or the prison population who have taken a tutor training course which is recognized as one of the best adult literacy training programs in Canada. Students and tutors are matched according to a similarity of interests and background, and a decision to work together. The student tells the tutor her needs and then together they determine their own course or curriculum to meet these needs. No marks and no formal tests are given. The success of the tutoring depends on how well the students and tutors work together to achieve mutually defined goals. These can be anything from writing personal letters and poetry, to improving reading ability, to exploring a variety of special interests.

The aims of the program are as follows:

1. To give women in prison the opportunity to learn how to read, and express themselves to a degree satisfactory to them, in a quiet, private, and non-threatening manner.
2. To give students the choice of what they want to learn, and how they want to learn it.
3. To give tutors support and recognition for their work. Tutors receive certification as literacy tutors after they have taken the tutor training and tutored for 48 hours.
4. To establish the Literacy Initiative in Prison For Women so that help is available to any woman who requests it in the future.
5. To build a resource base so that teaching materials and aids are available to the general population. This includes resources for skill development as well as specialized subject matter, i.e. women's issues, children's literature, sign language, etc.

Thanks to the efforts of a number of individuals who have taken the initial training and are now tutoring, the prisoner helping prisoner literacy initiative is becoming a reality in Prison For Women. Tutoring takes place in the library or quiet room from 5:00 to 7:00 pm. Tutoring is also available on the ranges or in the wing.

If you are interested in participating in the program as a student or a tutor, and would like more information, please contact:

Lise de Villiers
FRONTIER COLLEGE
Prison Literacy Initiative
163 Princess Street, Suite 3
Kingston, Ontario
K7L 1A9 8

PUNISHMENT DISSOCIATION
Prison for Women
November 24&25, 1988

Nearly surrealistic
in my Snow-White Kimono,
with sleeves glowing
like band-aids of comfort.

Scarlet streaks flying
with screams to accompany
each splat
as
Blood finds concrete.

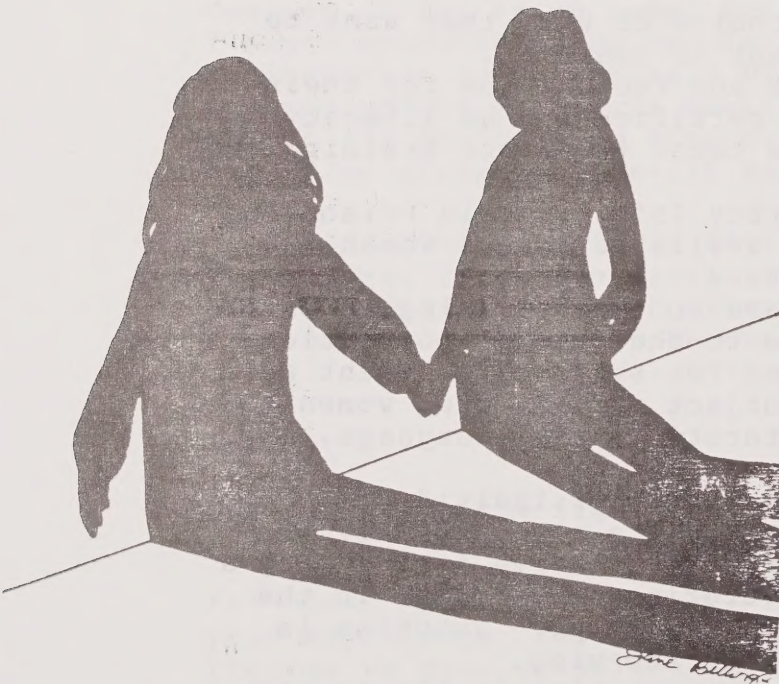
Tiny creatures in leg-hold traps?

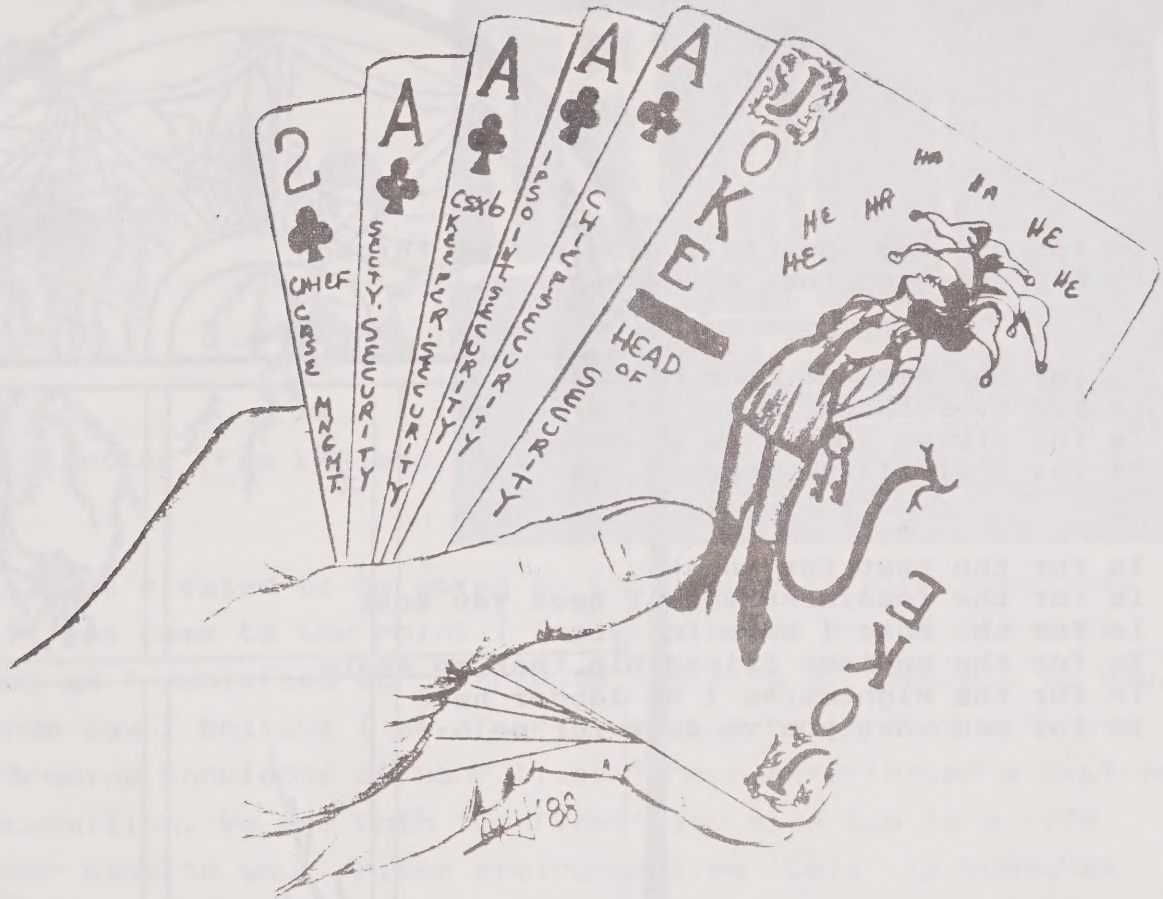
I stand witness
Blood on my slippers
careful, or I'll slip
Poor Babies
All
So Beautiful

One Noose
AND
THREE
make
FOUR

Terror to Pitch
to Haunt
to ask
WHY?
to ask
STILL?

Gayle K. Horii
Kingston, Canada





SEGREGATION Review Board

Prison for Women - Canada

A LOADED DECK

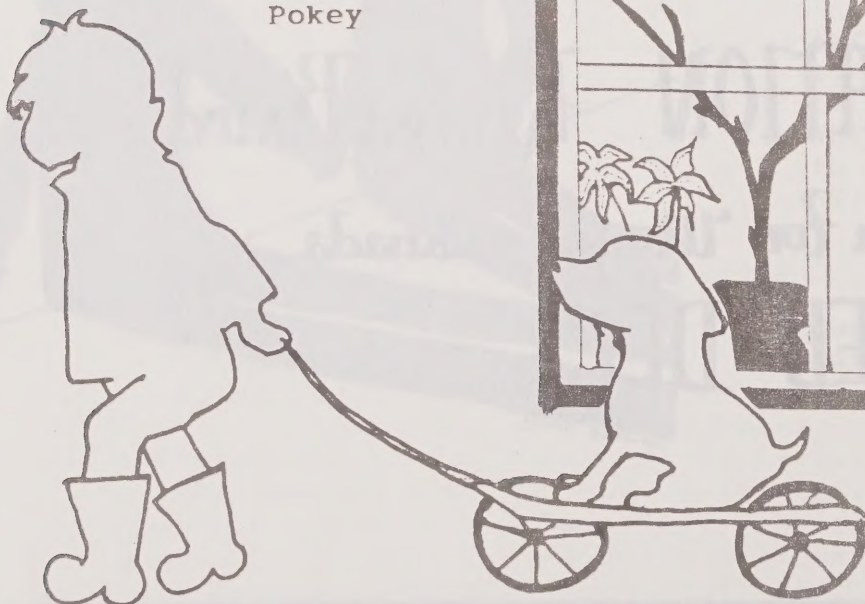
MY DEAR FRIEND

M Is for the sad moments you helped me through
Y Is for only you that made me happy.

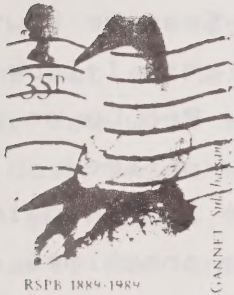
D Is for the days to come,
E Is for everything you've done for me,
A Is for always you'll be on my mind,
R Is for I'll always remember you.

F Is for the past few months
R Is for the readiness when I need you most
I Is for the love I have for you
E Is for the endless friendship that we share
N Is for the nightmares I no longer have
D Is for you what you've done for me.

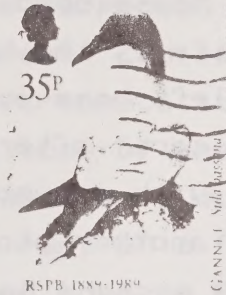
Pokey



FROM OUR
FOREIGN CORRESPONDENT



Devon.
England.
February '89.



A Letter from England.



Dear Sisters,

I was Pleased to be asked to contribute to Your Magazine, but now that it has come to the point I feel inhibited by the thought, on what grounds am I qualified to contribute anything of interest to You. Yet, in a strange way I believe I am, after a Year corresponding with one of You, and a growing knowledge of Your lives, I have experienced a distinct feeling of recognition. We are both 'Confined' and mine too is a life sentence, in Your case to Your Prison environment, my 'Cell' is somewhat smaller, being a badly damaged body. When I was twenty one, six months after the birth of my daughter, I developed an incurable illness, twenty six years on, I am totaly dependant for my physical needs. But triumphantly still in control of my life, admittedly this 'Control' is rather precarious and under constant threat. There is in England a Policy that people like myself should live in the community, however there is neither sufficient financial or practical help available to make this viable for any but the most determined and bloody minded, happily I fit neatly into this category. So, here for You to share is my great personal 'Truth'. Life is Risk, take that away and what we are left with is 'existence' a state to be avoided at all costs.

Relax, this is not going to be the Saga of 'A brave Woman in a wheelchair', this flattering persona does not in reality exist. when something like this happens to one there are two courses open to You.

Give up and go under, or fight for and obtain a quality of life for oneself. Common sense dictates the latter course. The quality of my life at present is excellent, but to achieve this is a constant struggle, it would be unrealistic to suggest otherwise. If and when that quality is gone from me, then I shall have to think again. This is a happy and comparatively tranquil period of my life. I live in a beautiful Devonshire Seaside town that has changed little in the last fifty years. As I write this I look out of my window at the river flowing by my house, beyond the Red Devon Cliffs plunging to the sea. My outlook on life is the beauty of the changing seasons. My son and daughter have left home and are launched in careers. So I now have an excellent life in career, after some sometimes hilarious, sometimes threatening experiences, with a number of, to put it politely, highly unsuitable people, but that's another story. I have been to Canada frequently as two of my sisters have settled there, living on such a small Island ones first and rather predictable reaction is how big the country is. Staying with ones family one can get to know a country in a way the tourist cannot, each trip provides me with a store of memories to draw on, at this stage of my illness I do most of my living in my mind, as most of you will have learned to do, and what a rich life that has proved to be. One of the 'Perk' of my condition is unlimited time, to read, write and study. My last visit was a mixture of Trauma and Black comedy, it was my first visit without my legs, which had to be amputated in '81. Consequently I had to fill in a Medical form for the Airline, regarding my needs, fair enough, until I got to the declaration to be signed by my Doctor 'That my appearance would not distress or offend my fellow passengers'. Now I am quiet used to people assuming that because I am in a wheelchair there is something wrong with my mind, but this was a new affront. A week before I was due to travel Air Canada called my Doctor to say that if I did not agree to have a Catheter inserted they would cancel my flight. Now this is one of the few indignities I have managed to avoid in the course of my illness so I was not about to endure it to satisfy an Airline. Meantime my sister who was outraged at the suggestion my fellow passengers needed protecting from me had phoned the Airline to complain. As a result the day before I was due to leave a very polite PR man phoned me. When I objected to the wording of the form and asked if he could guarantee my fellow passengers would not 'distress or offend me,'

Things became a little strained. In desperation he passed me on to the Airport Woman Doctor who was struggling for better facilities for Mothers Babies and Disabled travelers. As we finished our conversation she said, 'By the way there is no way anyone can tell if you comply with this rule' significant pause!.

It takes ten hours from checking in at Heathrow to checking out at Halifax, my Brother in law was waiting for me, our first meeting. You will not be surprised to hear the first thing we did together was to dash into the nearest 'Ladies Room, where a startled group of women, came to my rescue. In retrospect its very amusing and a small triumph on my part. But the attitude of the Airline is extremely sobering, I do not believe my fellow passengers would wish me to be humiliated in this way, for their sake. Its all part of a fear and ignorance among people that has to be educated out of them by familiarity and acceptance, recognise the scenario?, I said we have something in common. Spring has been with us all winter, our confused birds have not migrated to Africa, the hedgehogs have come out of hibernation and the spring flowers are blooming. The earth has that new warm smell, another winter survived. Women are the great survivors.

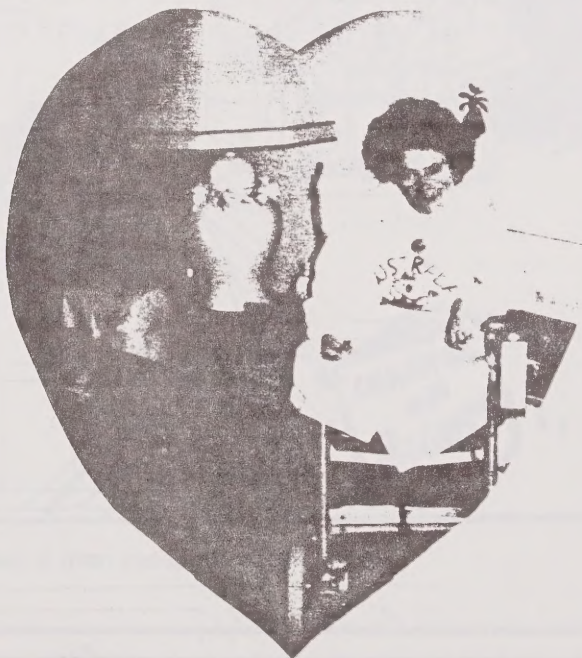
My Greetings and Good Wishes. Irene Hayes.

HAPPY

are they who have
the gift of making friends,
for it is
one of God's best gifts.

It involves many things,
but above all,
the power of going out
of one's self,
and appreciating
whatever is noble and loving
in another.

-Thomas Hughes.



EXCREMENTUM CEREBELLUM VINCIT
 (Bullshit baffles the brain)

by Gayle K. Horii, Prison for Women,
 Kingston, Ontario, December, 1988

The MANNER in which various government ministries utilize "MAN"-hours can too often be viewed as exercises in creative writing. The examples reported here are from Solicitor General Annual Reports and bring questions to my mind, that if these are merely typos, and not intended to represent the true numbers, then in the least, the Ministry is seriously in need of CORRECTIONS!!##

Year 1985-1986

Year 1986-1987

pp.28-30

Economic Crime

pp.27-28

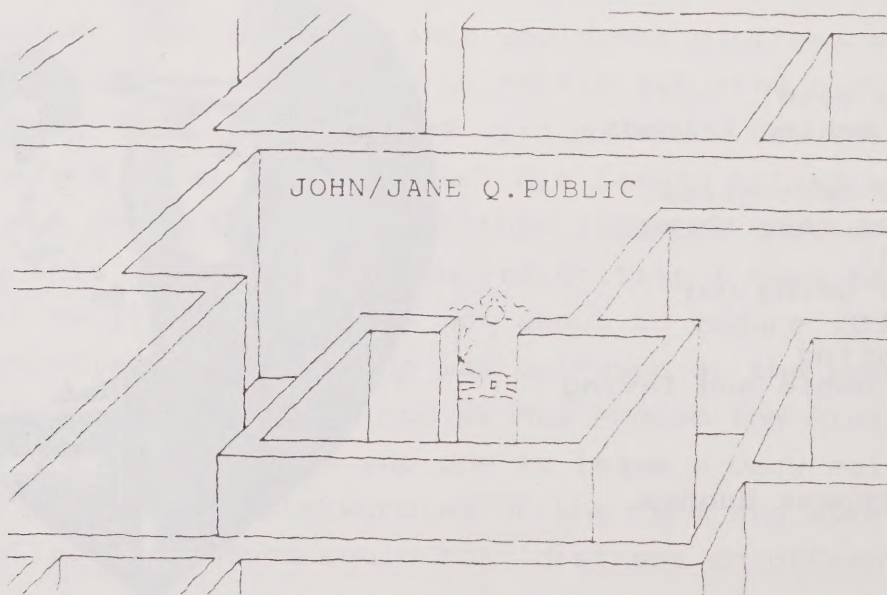
. In 1985, more than 7,500 reported offences exceeding a total of \$550 million in losses were investigated by Economic Crime personnel. Assets amounting to approximately \$13 million were recovered.

. In 1986, (more than) 4,913 offences were reported involving a total of \$550 million in losses, of which Economic Crime personnel were able to recover approximately \$28 million....

Are we to believe that:

- a) 2587 more crimes were investigated in '85 than in '86, yet the \$ amount was identical (\$550 m)?
- b) Though 2587 less crimes were investigated, more than double the amount was recovered (\$28m vs.\$13m)?

Is the answer refusing to utilize the accrual method of accounting, or is it more sinister, Mr. Minister?



-2-

Correctional Service of Canada Resources
Appendix 3 - Year 1986-1987

During fiscal year 1985-1986 the CSC employed 10,851 person-years, a 1.2% increase over 1984-1985. Budgetary expenditures for the year were \$729.7 Million, a decrease of 1.4% from the previous year.

During fiscal year 1986-1987 the CSC utilized 10,548 person-years, a 2.8% decrease from 1985-1986. Budgetary expenditures for the year were \$759.1 Million, an increase of 4.0% over the previous year.

BU-U-U-T:

$$\frac{\$729.7}{10,851} = 67,247.26$$

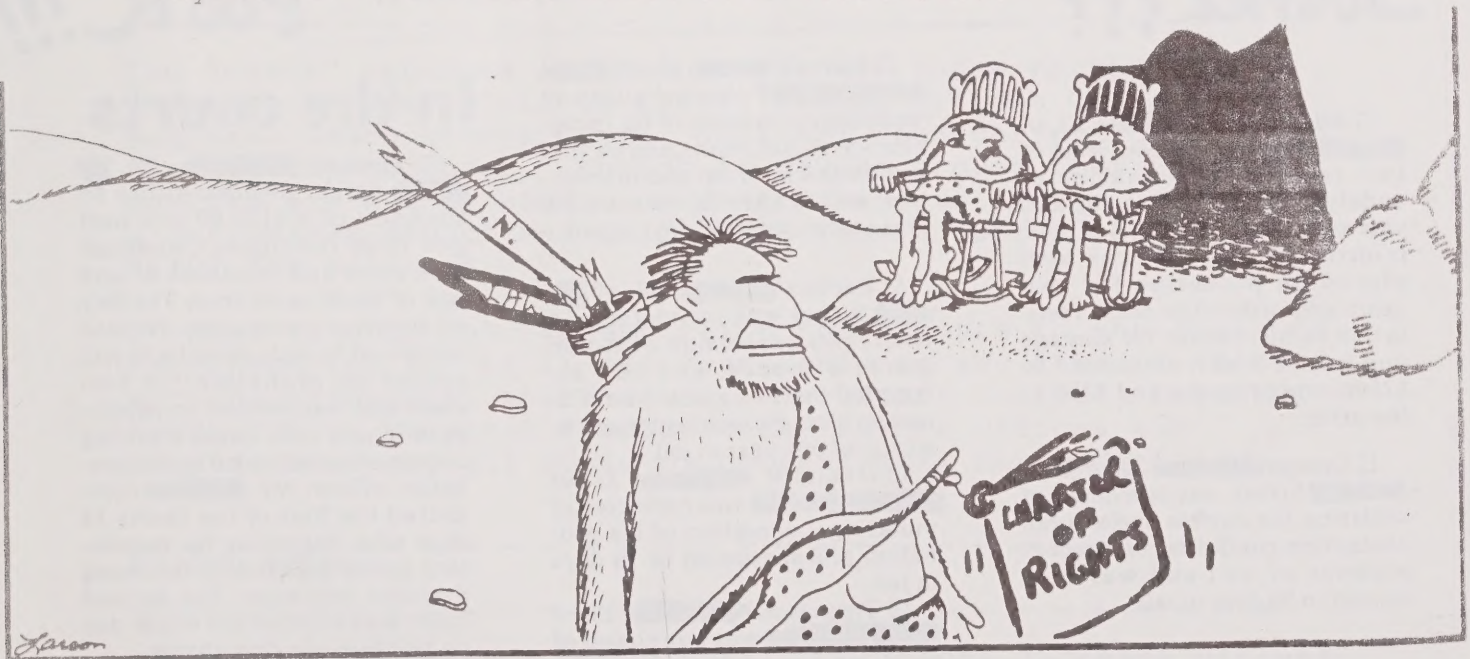
$$\frac{\$759.1}{10,548} = 71,966.25$$

AND

$$71,966. - 67,247. = \frac{4,719}{67,247} = + 7 \% !!$$

Where is this % increase noted?????????

Conclusion: There are more than the two above examples of creative writing in this one report. How many more examples are there? I know, but have not the space to elaborate. Does anyone out there care about full disclosure?



"Look at that! ... Give me the good old days when a man carried a club

THE GLOBE AND MAIL, THURSDAY, OCTOBER 20, 1988

REPORT ON BUSINESS

U.S. REPORT

"MAYBE CRIME DOES PAY..."

(IF IT IS BIG ENOUGH!!##)

October 17, 1988

BARRON'S

Report says fraud plays role in bank, S&L woes

Fraud and misconduct play a part in nearly one-third of all U.S. commercial bank closings and more than three-quarters of all savings association failures, according to a congressional report.

The study, conducted by a panel of the House of Representatives Government Operations Committee, comes during the worst year for failures of both types of institutions since the Depression. Government regulators estimate it will cost \$45-billion to \$50-billion (U.S.) to restore the savings industry to health. Private analysts put the pricetag as high as \$100-billion.

Regulators found misconduct in 168 of 210 savings and loan insolvencies during the 3½ years ended in June, 1987. They also found it in another 313 ailing S&Ls and 295 healthy institutions. All told that represented about 25 per cent of the

entire industry, the report said.

At commercial banks, 98 of 354 failures in 1985, 1986 and the first half of 1987 were associated with fraud and insider abuse.

At the end of June, there were 7,350 bank and S&L cases being investigated by the FBI and federal grand juries. Forty-six per cent involved losses of \$100,000 and more, and a third involved institutions in Texas, California and Florida. Those three states have been criticized for lax banking regulations.

REVIEW



Maybe crime does pay. Sundstrand Corp. agreed to pay the government \$115 million, the largest settlement of a criminal defense procurement fraud case. The aerospace and industrial parts maker not only plied Defense Department employees with wine, liquor, meals, and tickets to theater and sporting events, it also billed the government for things like golf, saunas, babysitting, dog kennels and servants for its executives. Sundstrand also concealed millions in cost overruns and billed them to the government as overhead. Sundstrand's stock closed ¼ point higher after news of the settlement and S&P affirmed its single A debt rating.

JUSTICE ???

THE WHIG-STANDARD, Monday, January 23, 1989/19

POOR !!!

□ Michael A. [redacted] 18, of [redacted] was convicted of two residential break-ins at widely separated locations and was sentenced to a total of four months in jail. He was also placed on probation for two years and ordered to make restitution to his victims for damage and loss — which amounted to \$25 at one property and \$350 at the other.

□ George [redacted] 32, of [redacted] Street was convicted of violating the curfew and alcohol abstention conditions of a recognizance of bail and was sentenced to 50 days in jail.

□ Darrell [redacted] 28, of [redacted] pleaded guilty to violating a condition of his recognizance of bail from Oshawa that prohibits him from communication with a specific woman. He was sentenced to 45 days in jail.

□ Barton [redacted] 42, of [redacted] Street was convicted of a theft, two possession of stolen goods offences, and the attempted theft of a saw from Canadian Tire. He was sentenced to a total of one year in jail.

□ Daniel R. [redacted] 21, of [redacted] was convicted of violating a condition of his probation and sentenced to 15 days in jail.

□ Thomas A. [redacted] 19, of [redacted] was convicted of violating a condition of his probation and sentenced to 15 days in jail.

In the courts

□ Gerard [redacted] 24, of [redacted] Street pleaded guilty to the theft of a \$139.99 dry-wall gun from the upper Canadian Tire store and the theft of one pair of black pants from The Bay on separate occasions. He was sentenced to eight months in jail, placed on probation for two years and was ordered to participate in any Life Skills training courses recommended by his probation officer. Mr. [redacted] committed the first of the thefts 14 days after beginning his mandatory parole supervision following a prison sentence. The second theft was committed while out on bail from the first charge.

-3-

The NUMBER of Prisoners Incarcerated in Canada,
by TYPE (Security Level) of INSTITUTION:

Type	Ave.# for Yr.'86-'87		
Maximum & Special Handling (SHU's)	3,384		
Maximum-Women (P4W)	124		
Total Maximum	3,508	= 18%	31.4%
Medium Security -Male	6,065	= 31%	54.3%
Minimum & Farms-Male	1,160	= 6%	10.4%
Community Correctional Centres(CCC)	434	= 2%	3.9%
TOTAL INCARCERATED-Federally	11,167		100. %
Parolees	7,828	= 40%	
# Accredited to RHQ (p.63)	18,995		
Provincially Incarcerated (Costed to RHQ)	486	= 3%	
TOTAL PRISONERS ACCOUNTED FOR:	19,481	=100%	

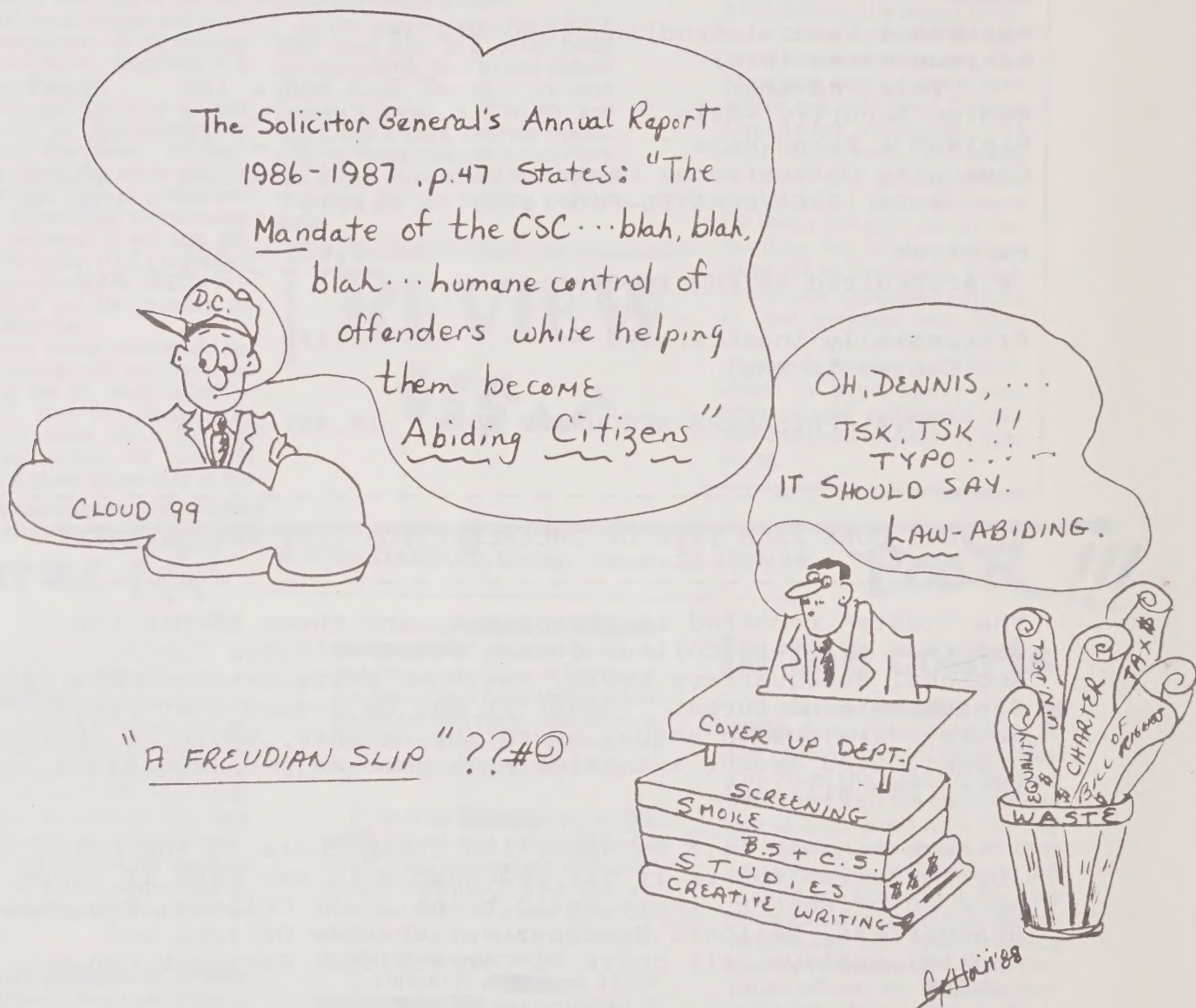
Q: WHAT DOES EACH TYPE OF INCARCERATION COST THE TAXPAYER?

The "costs" reported in Appendix 6, are those BEFORE the addition of Staff College Costs, Parole Offices Costs, Regional Headquarters Costs, National Headquarters Costs, and Capital Expenditures. Though it may be argued that Capital outlays are not an annual operating expense, there is in fact a designated amount set aside each year as per Appendix 3 (\$101,599 million).

I think it only fair to apportion these costs to the costs of incarceration for is it not reasonable to say that if there were no prisoners, there would be no Staff College, Regional Headquarters, National Headquarters, Parole Offices and Capital outlays, all costs of Correctional Services Canada.

A: See page 5

Q: Do PRISONS Correct behaviour? Do Prisons decrease violent crime? What % of Prisoners are convicted of violent sexual offences? Who are the RECIDIVISTS? What % of costs of prisons are attributable to lifers? What % of Lifers are predicted to repeat crimes (non-sexual violence?)



- 4 -

TO: TOTAL COSTS (p.63) \$476,772,535

Add:

a) Capital Exp. (p.49), \$101,599 m
 - (522) - (3,539) = 97,538,000
 b) Staff College Costs = 7,429,784
 c) Costs of Super-Max., Renous &
 Connacona, -Not Yet FULL: = 14,732,411

USING # of Prisoners Incarcerated as
 a % of Prisoners Accounted for:

d) NHQ Expenses
 $\frac{11,167}{18,995} \times \$46,106,174 = 27,105,430$

e) RHQ Expenses
 $\frac{11,167 \& 486}{19,481} \times \$60,932,886 = 36,448,382$

f) Capital attributed to Admin,
 Planning & Mngmt. (p.49-
 \$522 m. & \$3,539 m)
 $\frac{11,167 \& 486}{19,481} \times \$4,061 = 2,429,179$

= REAL COSTS OF INCARCERATING: = \$662,455,721 PER YEAR

Add: Parole Office Costs: \$51,510,588

NHQ $\frac{7,828}{18,995} \times \$46,106,174 = 19,000,744$

RHQ $\frac{7,828}{19,481} \times \$60,932,886 = 24,484,504$

Cap. % $\frac{7,828}{19,481} \times \$4,061 = 1,631,821$
 + \$ 96,627.56

= Total Costs to agree with APPENDIX 65759,083,378 ***

(\$657,484,378
 101,599,000 (p.49)
 \$759,083,378 - - - ***

I TRUST YOU ARE STILL WITH ME, FOR THE FOLLOWING PAGE
 WILL ALLUDE TO THE POINT OF THIS creative writing!!

-5-

The official numbers given as Total Cost at Institutional Level per offender is provided on p.63-Appendix 6, and is as follows:

\$190,558,670 & \$ 7,076,293 =	\$197,634,963 =	Maximum =	41.45%
	230,119,165 =	Medium =	48.27%
\$ 20,368,436 & \$20,181.829 =	40,550,265 =	Min/Farm=	8.51%
	8,468,142 =	C.C.C. =	1.77%
Total to Agree with p.63			\$476,772,535 =100.00%

PLEASE APPLY THESE % TO the REAL COSTS OF INCARCERATING

Maximum:

\$662,455,721- (14,732,411 = All Max.costs)=
 \$647,723,310 X 41.45% = \$268,481,310
 Add 100% Max\$: 14,732,411
Maximum Costs = \$283,213,721

Divide by average# (3,508)=

AVERAGE ANNUAL COST PER PRISONER

INCARCERATED IN MAXIMUM SECURITY: \$80,733,67

Medium:

\$647,723,310 X 48.27% = \$312,656,040
 Divide by average# (6,065)=

AVERAGE ANNUAL COST PER PRISONER

INCARCERATED IN MEDIUM SECURITY: \$ 51,550,87

Minimum & Farm

\$647,723,310 X 8.51% = \$ 55,121,255
 Divide by average# (1,160)=

AVERAGE ANNUAL COST PER PRISONER

INCARCERATED IN MIN.SECURITY: \$ 47,518.32

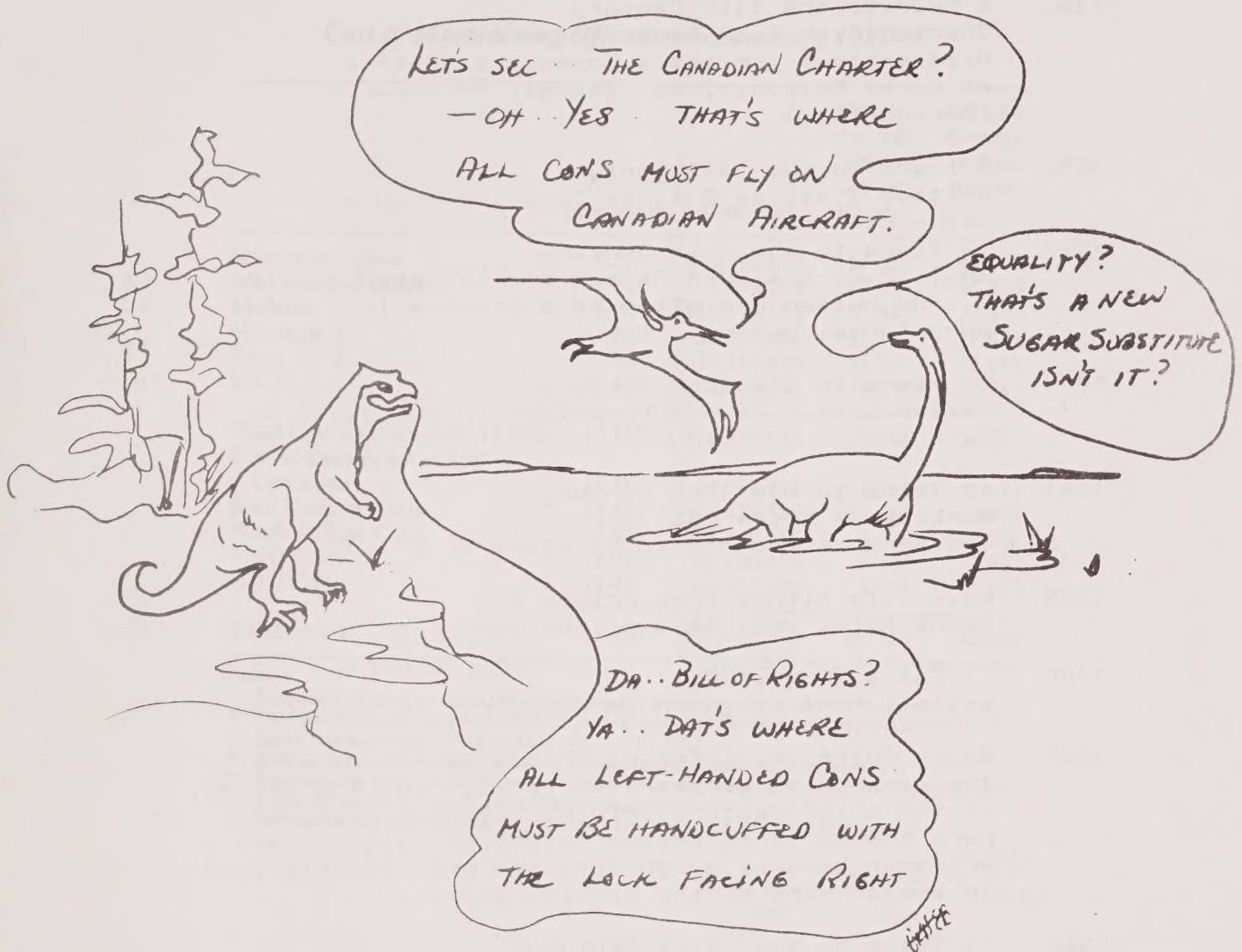
Community Correctional Centres

\$647,723,310 X 1.77% = \$ 1,146,703

Divide by average\$ (434)=

AVERAGE ANNUAL COST PER PRISONER

INCARCERATED IN C.C.C.: \$ 26,416.37



C.S.C. Swampquartys

P R O G R E S S

- 1195 5 Yearsto the 13th Century
 Charter Rich.I in Rymer Foedera 1.92/2
 Hiis omnibus per actis Commes Leicestriae.
 et omnes Prisiones, et hostagii Prisonum..
 iberabuntur.)
- 1292 8 Years to the 14th Century
 Britton I,xii ss 2 Et si le prison qu si
 avera eschape)
- 1377 13 Years to the 15th Century
 Engl. P.Pl.B.xi.128 Resoun shal..casten hym in.
 ...And putten hym after in a prisone in
 purgatorie..brenne.
- 1448 52 Years to the 16th Century
 Paston Lett.I.74 Sum be prison in the jayil at
 Coventre
- 1581 19 Years to the 17th Century
 Marbeck Bk Notes 665
 The King caused him to be clapt in prison
- 1649 Love ..To Althea from Prison iv,
 Stone Walls doe not a prison make, Nor Iron bars a Cage
- 1700 ...Pal.8 Arc.1,461
 While I Must Languish in despair,...prison die
- 1885 Major Griffiths inEncycl.Brit...IX.747/2
 The atrocities perpetrated (c1730) .by the keepers
 of the chief debtors,prisons inLondon./hid.755/.
 here the sentence passes beyone two years...the
 prisoner becomes a convict, and undergoes hispenalty
 in one or more of the convict prisons.
- 1985 11 Years to the 21st Century,
 the year 2,000
 Armageddon is closer
 the keepers, the bars & cages
 remain the same
 but
 Now they wear polyester.
 They are modern.

Gayle K. Horii,
 Prison For Women,Kingston, Ont.

Appendix 6

Cost of Maintaining Offenders—Summary 1986-87

		Average population	Total costs	1986-87 Average annual cost per offender	1985-86 Average annual cost per offender
A)	Maximum—Male	3,384 ⁽¹⁾	190,558,670	56,312	49,015
B)	Maximum—Female	124	7,076,293	57,067	57,450
B)	Medium	6,065	230,119,165	37,942	35,633
C)	Minimum	640	20,368,436	31,826	29,654
C)	Farm	520	20,181,829	38,811	36,848
D)	C.C.C.	434	8,468,142	19,512	21,245
Total Cost At Institutional Level		11,167 ⁽¹⁾	476,772,535	42,695	39,202
Cost of Centres not in Full Operation		11,167 ⁽⁵⁾	14,732,411	1,319	221
Staff Colleges Costs		11,167	7,429,784	665	685
Parole Offices Costs		7,828	51,510,588	6,580	6,216
NHQ Costs		18,995 ⁽⁴⁾	46,106,174	2,427	2,437
RHQ Costs		19,481 ⁽³⁾	60,932,886	3,128	2,997
Totals	* Capital:	19,481	657,484,378	33,750	32,038
	= Total p. 19		101,599		
			759,083,378		

Notes:

⁽¹⁾ Represents the average number of inmates actually in the institutions (the "midnight count").⁽²⁾ The maximum male category includes 29 inmates housed in Her Majesty's Penitentiary in St. John's Newfoundland at a cost of \$626,181. 21,592.⁽³⁾ Average population includes 486 federal inmates housed in provincial institutions.⁽⁴⁾ Represents the total number of inmates actually in the institutions plus parolees on federal and provincial day parole, full parole and mandatory supervision.⁽⁵⁾ Includes the cost of institutions not operating at full capacity (Atlantic and Donnacona).Renous
NBH Carter?
QueUp
costed?
87-88

REAL COSTS:

A) \$80,733.67 Per Year

B) \$51,550.87 Per Year

C) \$47,518.32 Per Year

D) \$26,416.37 Per Year

Average Number of Offenders on Register*

Solicitor General
Report 1986-1987

	1982-83	1983-84	1984-85	1985-86	1986-87
Inmates	10,638	11,523	12,039	12,502	12,804
Parolees and Mandatory Supervision	5,276	5,762	5,895	6,092	6,294
Total	15,914	17,285	17,934	18,594	19,098

Appendix 1

* The average number of inmates on register at an institution includes those who may be living in the community on day parole, who are on temporary absence, or who may be hospitalized or unlawfully at large. The average number of parolees and offenders released under mandatory supervision (M.S.), for the purposes of this table, does not include federal day parolees

% Increase: Inmates	+885	+516	+463	+302
=	+8.3%	+4.5%	+3.8%	+2.4%

Basic Facts About Corrections in Canada, 1986, BFACIN, 1988

A COMPARISON:

Length of Federal Sentence: In Year: '84-'85 '87-'88

Under 3 Years	2,276 (39%)	1,636 (42%)
3 to Under 6 Years	2,509 (43%)	1,653 (42%)
6 to Under 10 Years	583 (10%)	375 (9%)
10 Years +	(467 (8%)	149 (3%)
Lifers	—	175 (4%)
Totals	5,835 (100%)	3,988 (100%)

Distribution of ALL federally incarcerated as of 3/31/86 & 88

Under 3 Years	3,319 (26%)	3,053 (24%)
3 to Under 6 Years	4,289 (34%)	4,211 (33%)
6 to Under 10 Years	1,871 (15%)	1,920 (15%)
10 Years +	3,174 (25%)	3,512 (28%)
Totals	12,653 (100%)	12,696 (100%)

A VERY FAIR CONCLUSION ONE MAY REACH IS THAT:

1. The number of prisoners incarcerated year to year is decreasing both in numbers and %
2. The length of sentences prisoners are serving is relatively stable, therefore the dangerousness and maximum security requirements resulting from violent prisoners is relatively stable.

Q: With the above FACTS supplied by the Ministry of the Solicitor General, HOW can this Ministry justify the construction of THREE more Maximum security institutions?

-8-

If you do not have time to read and understand this report at this moment, PLEASE read it, in its entirety BEFORE you make your next Installment Payment on your Income Taxes.

I am saying MAXIMUM Security Prisons create MAXIMUM DAMAGE and INCREASE rage & hostility in the prisoner who is released to society, or who is FINALLY transferred to lesser security where he/she is to be de-enraged and de-hostilized!! Successfully?"

The figures on the preceeding pages PROVE that Maximum Security WAS NOT REQUIRED TO BE INCREASED BY 3 NEW MAXIMUM SECURITY PRISONS CONSTRUCTED:

Donnaconna - Quebec	1987
Renous - New Brunswick	1987
Pt. Cartier - Quebec	1988

NO NEW MAXIMUM SECURITY PRISON CAN BE JUSTIFIED!!

CAN YOU AFFORD \$80,700 per year per prisoner when that prisoner is being incarcerated in a prison which is higher security than he/she needs- a waste of YOUR\$??????

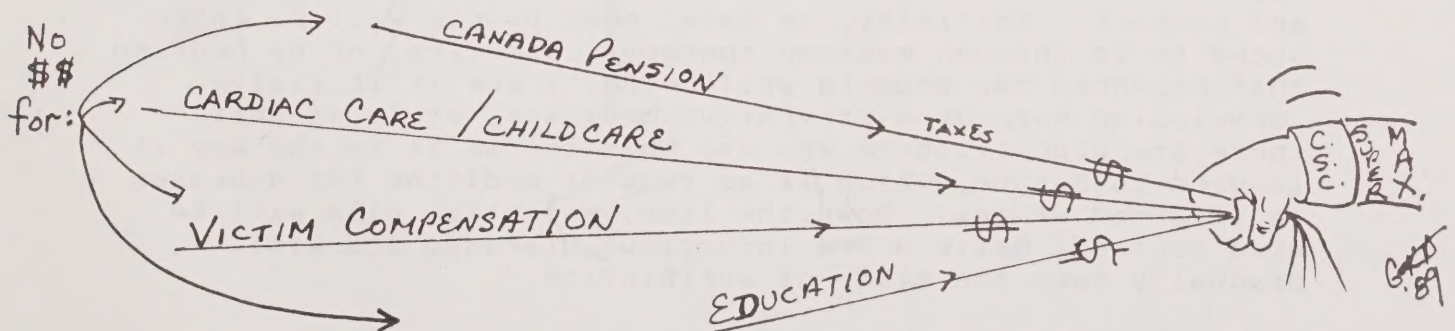
How long will you permit this waste to continue?

"ANOTHER INITIATIVE IS A RE-THINKING OF OUR WHOLE CLASSIFICATION MATRIX IN INSTITUTIONS," COMMISSIONER LEBLANC TOLD THE MARCH WORKSHOP. "SOME INMATES AREN'T AS DANGEROUS AS WE BELIEVED, BUT THERE'S A GROUP, PROBABLY ABOUT FIVE PER CENT, WHICH MUST BE APPROACHED IN THE PROPER WAY, WITHOUT TAKING UNNECESSARY RISKS OR ENDANGERING PUBLIC SAFETY."

:Let's Talk, Volume 12 No 9, October, 1987,
Correctional Service Canada

Q: WHAT HAPPENED TO THE 'RE-THINKING' WHEN THE TAX DOLLARS WERE BEING HANDED OUT TO CONSTRUCT PRISONS NOT NEEDED?

Q: WHO WILL FILL THESE PRISONS?



Excerpts from The Art of Aromatherapy
Healing With Essential Oils
by Angelo John Lewis, East/West Journal,
October, 1988

French chemist R.M. Gattefosse coined the term, "aromatherapy" in the 1920's. An earlier interest in the cosmetic uses was replaced when studying their antibiotic properties, prompting further research. Plunging his severely burned hand into a container of lavender oil following a small explosion in the lab, resulted in an unusually fast healing, convincing him even more of the therapeutic nature of essential oils.

Since then, Dr. Jean Valnet used essences in medical treatment and extensively on the fields of W.W.II. (The Practice of Aromatherapy, C.W. Daniel, 1977) has been primarily responsible for creating the worldwide movement especially in France where the purchase of essential oils is reimbursable by health insurance.

Massage, atomizing directly into the air, and put into a bath just before one gets in, are all manners of practicing aromatherapy.

Naturopath Boyer Cole explains, "Essential oils stimulate the immune system to build up immunity to bacteria. With essential oils you are creating an environment where bacteria cannot live. Antibiotics, on the other hand, kill the bacteria and short-circuit the immune system, so that it never has a chance to get into full swing and completely cure the problem."

Essences in bathing can be therapeutic as well as aesthetically pleasing. According to Dr. Jean Valnet, scientific experiments involving radioactive isotopes have proven that the skin absorbs the active constituents of minerals and vegetables added to the bath, which are later found in the blood. "Many studies have shown the transformations which may be caused in this way, both physically and psychologically, by their (essences) acting upon the nervous system, the alimentary canal, and the urinary tract, and their hormonal action," he writes.

Marcel Lavabre, who has seen aromatherapy flourish in his native France, believes it will eventually take root here and prosper. Initially, he says, most people will be introduced to it through massage therapy, cosmetics, or by hearing that essences can promote well being. "I see it initially

developing more as a preventive medicine, at least until there are practitioners who are able to use it in the way it is used in Europe, which is as regular medicine for diseases in advanced stages. Down the line, essential oils will be used to treat quite a few infectious diseases and will gradually take the place of antibiotics."

Essences

Eucalyptus (eucalyptol)
 Anise, Cloves, Chamomile,
 Peppermint
 Chamomile Blue (azulene)
 Birch, Thyme, Oregano
 Clove (eugenol)
 Eucalyptus, Pine, Lavender
 Peppermint (as part of
 nutrient program)

Usages

Chest Rub (expectorant)
 (antiseptic)
 Toothdrops, Toothpaste
 anti-inflammatory
 Liniments (unquent)
 disinfectant & cauterizing
 respiratory problems
 Colitis

BATHS

"Yin" (relaxing)
 Sandalwood, Almond,
 Narcissus in almond base

Relaxation

"Yang" (stimulating)
 Pine, Spearmint, Lemon

Energizing

Recipes

5 drops each:

Rosemary & Juniper

Invigorating Bath

To: 2 drops Peppermint Oil

2 drops each:

Chamomile & Orange Blossom

Sedative Bath

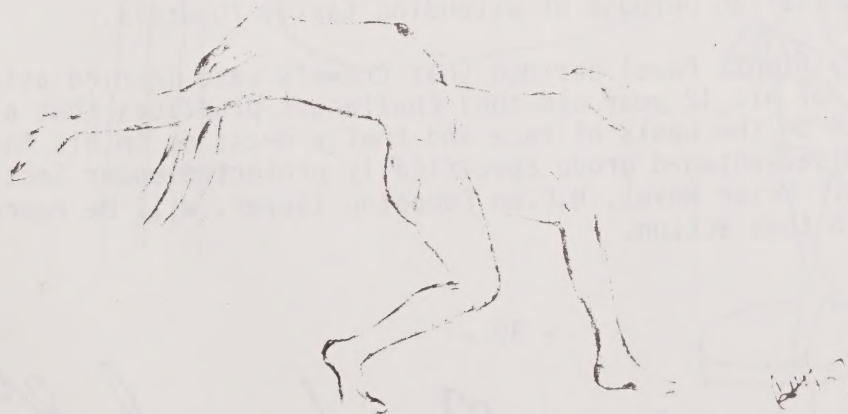
To: 5 drops Lavender Oil

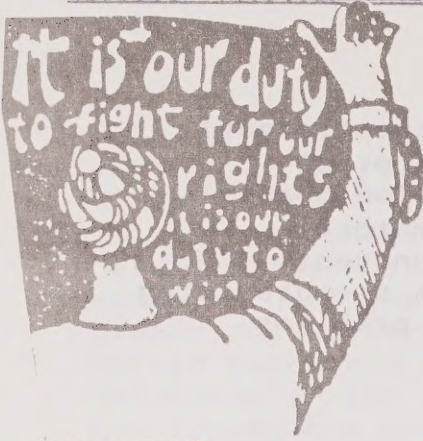
3 drops Juniper Oil

2 drops Pepper Oil

5 drops Lavender Oil

for a Winter Bath
 to ward off colds &
 stimulate circulation





Prisoners' Rights Group (PRG)

#393 - 2075 East 12, Vancouver, B.C. V5N 2A9

(604) 299-7177 X
873-3070

For Release: Monday, Oct. 17/88

PRESS RELEASE

After eight years of being barred from visiting at six Fraser Valley federal prisons (Kent, Matsqui, Mountain, Regional Psychiatric Centre, Mission, Ferndale), Claire Culhane, prison rights activist and author, may now visit prisoners who add her name to their list.

Ms. Culhane faces no obstacles when visiting prisons across country, Federal and Provincial, from William Head, Victoria, BC to His Majesty's Prison, St. John's, Newfoundland.

Never having been charged with any infraction, Ms. Culhane had instituted legal action under the Charter of Rights and was preparing to confront Peter de Vink, Warden of Kent Institution, at an Examination for Discovery on Nov. 7th. Mr. Ujjal Dosangh, attorney, is instructed to revive the case, should it be necessary.

On another front, Ms. Culhane has succeeded under the Court Challenges Program of the Canadian Council on Social Development, to initiate an action on behalf of Wesley Crowe, a Native prisoner in Edmonton Institution. They are challenging Correctional Services practices which, they are alleging, deny a much higher percentage of Escorted Temporary Absence (ETA) passes sought by Natives, Metis and Inuit prisoners than by Caucasians, for the stated Humanitarian purpose of attending family funerals.

The Equality Rights Panel decided that Crowe's case (denied attendance at the funeral of his 12 year old son) challenges practices that allegedly discriminate on the basis of race and that a decision in his favour would benefit a disadvantaged group specifically protected under Section 15 of the Charter. Peter Royal, Q.C. an Edmonton lawyer, will be representing Mr. Crowe in this action.

- 30 -

Right-On, Claire!

Claire Culhane

TIGHTWIRE

WE CAN'T CHANGE PRISONS WITHOUT CHANGING SOCIETY, WE KNOW THAT THIS IS A LONG AND DANGEROUS STRUGGLE, BUT THE MORE WHO ARE INVOLVED IN IT, THE LESS DANGEROUS AND THE MORE POSSIBLE IT WILL BE.

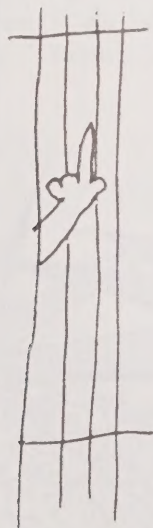


*"We understand you tore the little tag
off your pillow."*

Caption: "We understand you tore the little tag
off your pillow."

This is the perfect example of how reactions to
a "security threat" are dealt with at Prison for Women.
Can you imagine being locked up for 3 days, not told
why, refused a call to anyone and then told unless you
accompany guards to security so they can tell you why,
(3 days later), they will hold hostage 49 other women?

It happened here: Jan.1-3,1989 !!####



ANOTHER CITATION
FOR
FAILING TO GIVE
THE CORRECT
HAND SIGNALS.



*Artistic
87*

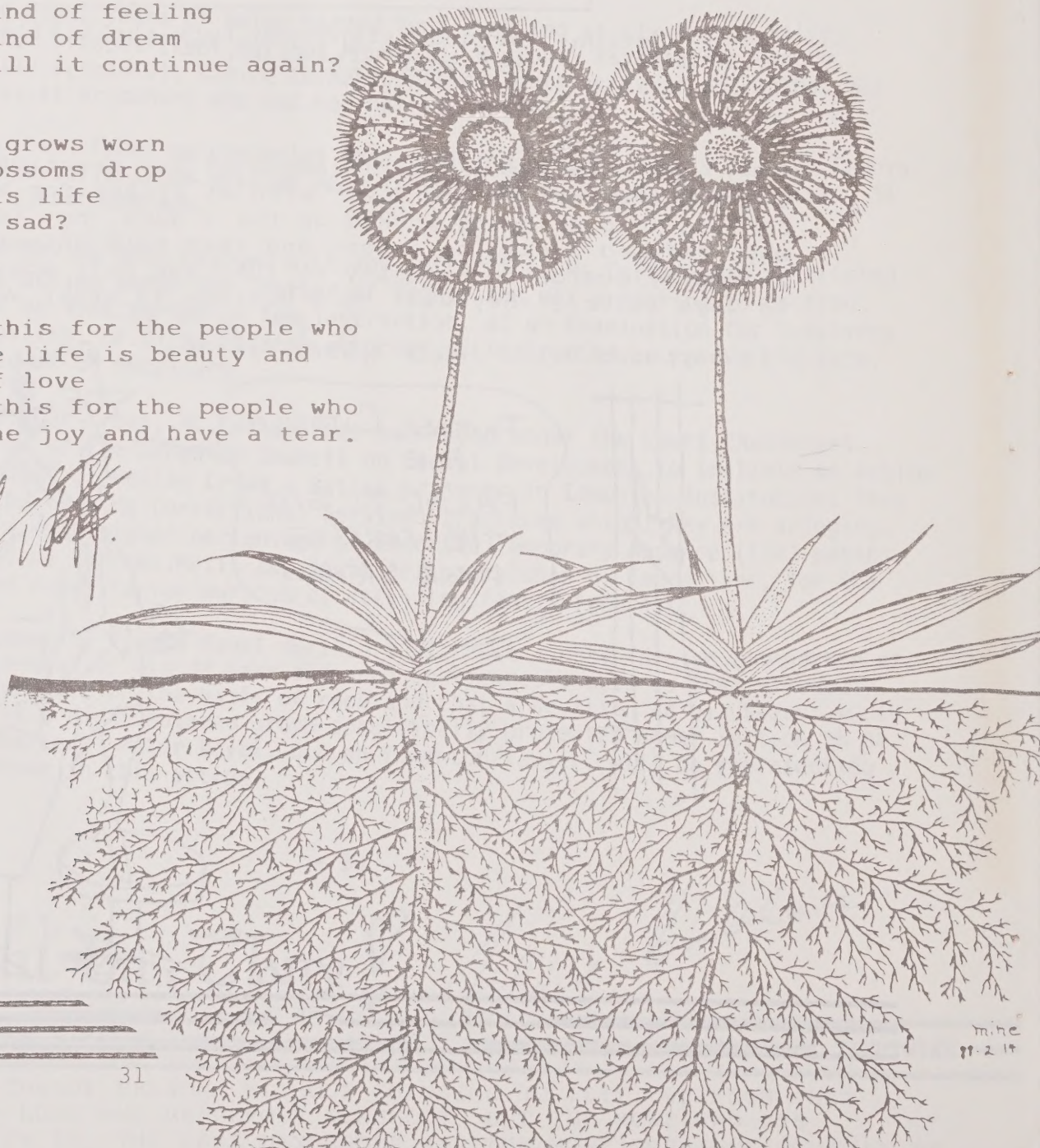
We have so fully met
 it is very cruel to say good-bye
 wish together every year and every age
 soft love is like still water
 a good time like a dream
 wish forever our hearts could touch

A quiet evening that is no more
 fair weather is like smoke
 that kind of love
 that kind of feeling
 that kind of dream
 when will it continue again?

Spring grows worn
 the blossoms drop
 all this life
 why so sad?

Offer this for the people who
 believe life is beauty and
 full of love
 Offer this for the people who
 feel the joy and have a tear.

Handwritten signature



CROONING

A soft old song for every lesbian who wants
to go home
again & can't
with her woman lover in her arms
holding hands in the streets simple in our love
that they twist so No lies Not "cousins"
not "best friends" not "roommates"
No second bedrooms for show no pretend boyfriends
no custody cases no hidden mouths no grim smiles
at queer jokes on the job you'd lose
if they knew
Go Home with joy & strength
go home be received instead of tolerated
No anguished mothers afraid of father's response or
neighbors' gossip or grandma's heart condition
go home to a clean welcome mat
a double bed
no questions accusations or expectations
I croon an old soft song for us
rocking down to a kind place we won't see in our lives
fighting for it
even when we're drunk in bars
because we
can't go home
Crooning for us my heart split

for Ana R. Kissed

Chrystos

NOT VANISHING, 1988

Native Sisterhood



Psalm 23
(Indian Version)

The Great Father above a shepard chief is,
I am His and with Him I want not
He throws out to me a rope, and the name of the
Rope is Love, and
He draws me, and he draws me, and he draws me
To where the grass is green and the water not
Dangerous, and I eat and lie down satisfied.

Sometimes my heart is very weak and falls down,
But he lifts it up again and draws me into a
Good road. His name is wonderful.

Sometimes, it may be very soon, it may be longer
It may be a long, long time. He will draw me into a
Place between the mountains
It is dark there, but I'll draw back not, I'll be afraid not,
For it is in there between those mountains,
That the shepard chief wills me, and the hunger
I have felt in my heart all through this life will be satisfied.

Sometimes he makes the rope into a whip, but afterwards he
gives me a staff to lean on. He spreads a table before me
with all kinds of food. He puts his hands on my head, and all
the "tired" is gone. My Cup he fills till it runs over.

What I tell you is true. I lie not. These roads
that are "way ahead" will stay with me through this life.
And afterwards, I will go to live in the "Big Teepee"
And sit down with the shepard chief forever.

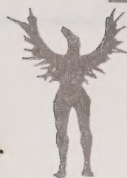
Chief Jay Strongbow

I WALK IN THE HISTORY OF MY PEOPLE

There are women locked in my joints
 for refusing to speak to the police
 My red blood full of those
 arrested in flight shot
 My tendons stretched brittle with anger
 do not look like white roots of peace
 In my marrow are hungry faces
 who live on land the whites don't want
 In my marrow women who walk 5 miles every day for water
 In my marrow the swollen hands of my people who are not allowed
 to hunt
 to move
 to be
 In the scars of my knees you can see
 children torn from their families
 bludgeoned into government schools
 You can see through the pins in my bones
 that we are prisoners of a long war
 My knee is so badly wounded no one will look at it
 The pus of the past oozes from every pore
 This infection has gone on for at least 300 years
 Our sacred beliefs have been made into pencils
 names of cities gas stations
 My knee is wounded so badly that I limp constantly
 Anger is my crutch I hold myself upright with it
 My knee is wounded
 see
 How I Am Still Walking

Chrystos

NOT VANISHING, 1988



press gang publishers

603 Powell Street, Vancouver, B.C., Canada V6A 1H2

PRESS RELEASE

Telephone: (604) 253-2537

NOT VANISHING
ISBN 0-88974-015-1
\$9.50pb

NOT VANISHING, by Chrystos, is a remarkable first book of poetry/prose.

Chrystos is a Native American woman whose writing shows the many facets of who she is: the humour, the pain, the fury, the loving of women and pride in her heritage are all told with breathtaking clarity and honesty. She speaks eloquently of the lives of women of colour, and rages against the injustices of racism, sexism, and classism.

Chrystos' purpose is to make it as clear and as inescapable as possible, what the actual, material conditions of Native people's lives are. With the publication of NOT VANISHING, she hopes that "the appalling ignorance of the majority of people about Native people will at least be chipped at a little."

NOT VANISHING is strong, true, unapologetic and challenging.

Chrystos' work has been previously published in numerous journals, including *Sinister Wisdom* and *Conditions*, and in the anthologies *This Bridge Called My Back* and *A Gathering of Spirit*. She has toured extensively in the U.S. as a speaker on issues of racism, and is involved in Native people's struggles.

A U.S. and western Canada reading tour is planned for Fall, 1988.



Printed by Press Gang, a feminist worker-controlled collective

What Reviewers have said of NOT VANISHING:

"Chrystos' work is a give-away of the deepest sort. She offers us her love, her fears, her anger....She is a true jewel among poets. I am honored to read her words."

— Beth Brant

"Chrystos says no one is listening, but we are, we are. Her words slide into our throats, feed the hungry soul, fill the lost and homeless heart. Her voice binds into wholeness our severed selves with self-esteem. It calls us away from the death of invisibility, insists that we be seen and accounted to, no longer banished, no longer vanishing. She leaves her howl inside us."

— Gloria Anzaldua

For information regarding excerpt rights, author reading tour,
or to arrange an author interview, contact Della McCreary.
(604) 253-2537

For review copies contact Val Speidel.

When can life change for the better?
Is it me who has to change life for myself,
or is it something that happens by chance.
Not that I've ever done anything to deserve
better but a little change would be okay.
I guess its something one has to work at
but how can I change it for myself.
I really don't know how to go about it
I guess I have to start with myself and
have to larn to love myself. I've never
done that before thats something I find
difficult cause I've done so many sick
revolting things in my whole life; maybe
thats why my life is this miserable
but how must I change it?

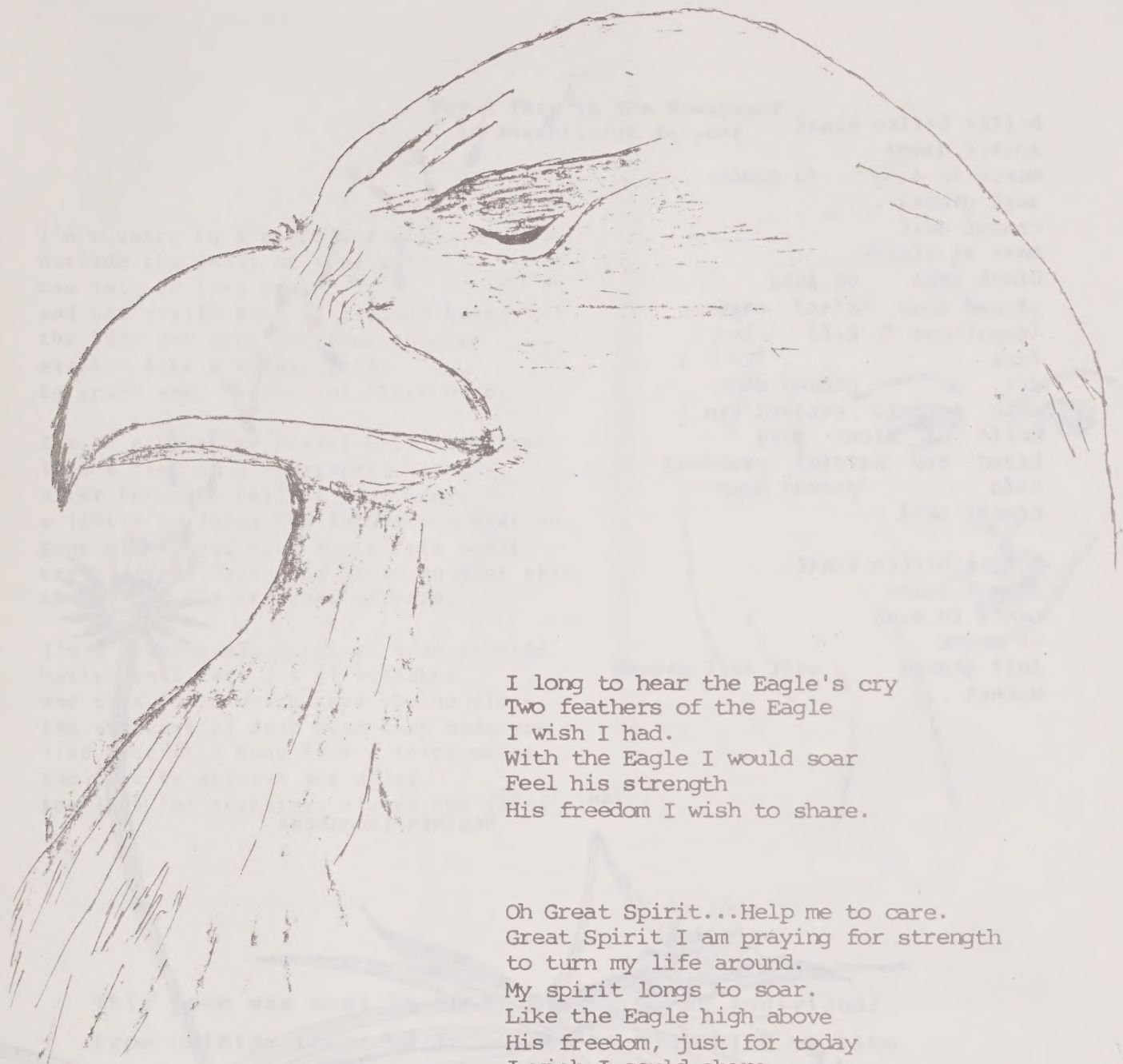


done by
Debbie

Eleven rolls by and down
we came back to these
same four walls the door
slams locked I search the
room for some good thing
but its left the same damn
way the lights are being shut
off I'm left here in the partly
lite room, in for another
sleepless night in the silences
of my mind.

locked up with no respect
dragged down like a sick dog
no one to look up to
always told what to do
just another shit in jail

done by
Debbie Coyle



I long to hear the Eagle's cry
Two feathers of the Eagle
I wish I had.
With the Eagle I would soar
Feel his strength
His freedom I wish to share.

Oh Great Spirit...Help me to care.
Great Spirit I am praying for strength
to turn my life around.
My spirit longs to soar.
Like the Eagle high above
His freedom, just for today
I wish I could share.

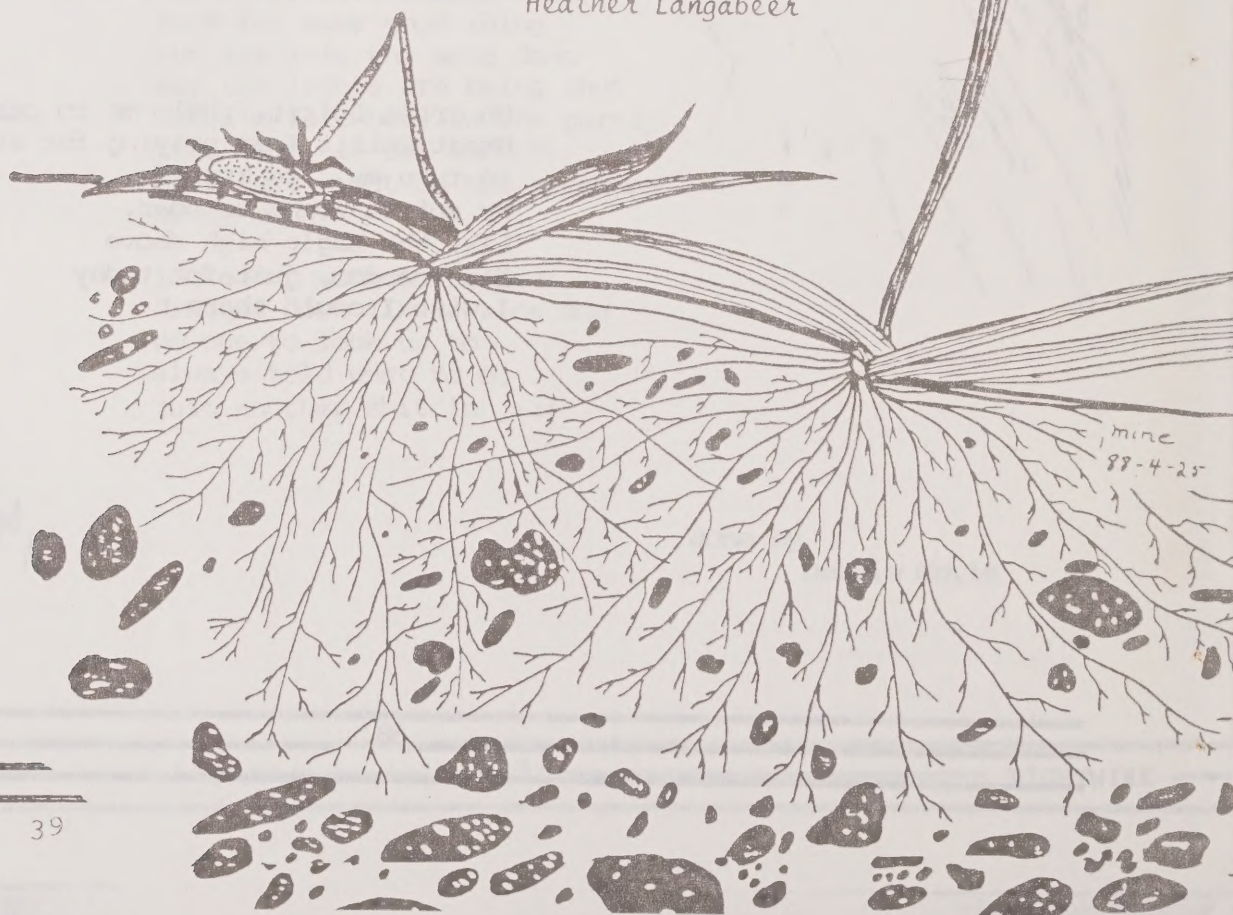
*by Cynthia Busk
'88*

bitter bitter heart
 spirit drums
 wants to sing to dance
 soft ground ...
 cement sail
 bars of steel
 black eyes of fury
 ground down hatred sage
 temptations to kill to
 love to
 die ground down
 with spirits emeshed in
 walls of stone grey
 blood red hateful prodding
 cold ground down
 cement sail ...

bitter bitter heart
 spirit drums
 wants to sing
 to dance
 soft ground soft soft ground
 Mother ...

Jan. 11/89

Heather Langabeer



For A Face In The Newspaper
In Absentia/In Respect

I'm a voice in a nightly vigil
outside the walls of your cell,
too late to love you,
and not really sure if I could have;
the body you wore for your enemies
slashed like a square grid,
to graph your rebuke for their hate.

I'm an enterprise filled with intention
like a face in a newspaper;
after thoughts telling your story
a little to late; the father who beat you
gone blameless, your short life spent
carving your fear into lines on your skin
to pat off the trespass of rape.

I'm a witness who cries at your suicide,
hating that last act of violence
and this world which gave you no place;
the wreckage of scar bone they made you
like sacrifice hung from a thick noose,
too late to appease any gods;
too late for anything, always too late.



Lorinda
Peterson

This poem was sent in to TIGHTWIRE by an individual
from outside these walls. Here at TIGHTWIRE we like
to hear from readers -both in & out!

Your views and opinions are appreciated.....

Do clearly indicate if you do not wish to see yourself in print!!

With respect,

Jo. Ann Mayhew

Editor

Spreading freedom's word, Mary Katherine Goddard prints the first copies of the Declaration of Independence listing 55 of the 56 signers; Delaware's Thomas McKean signed later. A facsimile of the document appears behind her. Editor of the *Maryland Journal and Baltimore Advertiser*, Miss Goddard claimed in 1779 that the paper circulated "as extensively as any Paper on the Continent..."

In a fight to keep her press free and her readers informed, Mary Katherine took a stand still relevant today. She refused to tell angry Whigs the source of a letter she had published. Hers was the spirit of women of the Revolution—"a Spirit that will not be conquered," as Abigail Adams declared.



On this day, 1917: Nov. 5
Arrested during a silent vigil outside the White House, Woman's Party head Alice Paul begins a hunger strike in Virginia's Occogan Prison. Eventually, force feeding will create so much outside sympathy that she and her cohorts will be greeted as heroines upon their release.

Men have sight; women insight.
— Victor Hugo

SURVIVALWOMAN SAYS...



On this day, 1841: MARCH 25
Dorothea Lynde Dix discovers, after teaching a class of women prisoners, that insane women are being kept in the prison's unheated cellar. Shocked by this mistreatment, she decides to devote her life to the establishment in the US of separate institutions for the mentally ill—a goal she will achieve almost single-handedly.

MARCHING TO OUR DRUM

Written for International Women's Day '89

We are the women -
Fighting for our freedom -
Society put us in prison -
They won't let us go home.
Behind these high grey walls -
Captured by the chains and bars -
The government tries to hide the scars -
Of the abused women within.
Driven to lows
Too far down in our souls
We'll do anything -
Anything to ease the Pain.
But we're will marching to our Drum
Freedom - Freedom
We're all marching to the Pipe and
Bugle call,
We're still marching to the Drum
Freedom - Freedom
You put us in Prison
But you can't take our Freedom away.

We are special women -
We carry a label -
"Federal Prisoner" is our designer name.
Sometimes we don't know what to do -
We've taken alot from you -
On the trips that we've been through
We've been watching the changes
You've been putting us through
But we're still marching to the drum -
Freedom - Freedom
We're still marching to the Pipe
and Bugle call,
We're still marching to the Drum
Freedom - Freedom
You put us in Prison
But you can't take our Freedom away.

Cause we are the women
Fighting for our Freedom
Society put us in Prison
They won't let us go home
Behind these high grey walls
Captured by the chains and bars
The government tries to hide the scars
Of the abused women within.

INTRO

I'm one of the women -
Fighting for my Freedom -
I am a Christian
I am not violent
We're all stuck in prison -
Why can't we be sisters -
Is there any call
For losing it all
Because of our anger and greed -
Lets make our own code -
Burn it deep in our souls -
Forsaking all others before..
Because I'm just marching to the Drum -
Freedom - Freedom
I'm just marching to the Pipe
and Bugle call.
I'm just marching to the Drum
Freedom - Freedom
They captured my body, but
My Spirit still flies Free within

November .26, 1988 By Ann Riddell

"CRIMES" - by Richard O'Connell

XXXII

Jose Candido, serving the first year
Of a ten-year term in Nieves Penitentiary,
Made an "excellent escape", though being still
In the infancy of his prison life.
He did so, as the officials there agreed,
"With elegance", he forged his own release
And showed it to the prison guards, and took
Heart-rending leaving, giving many hugs
And wished for their health and long felicity,
And left. The prison feels Jose's departure
Good as it was, was somewhat premature.

XXXIX Niteroi Item

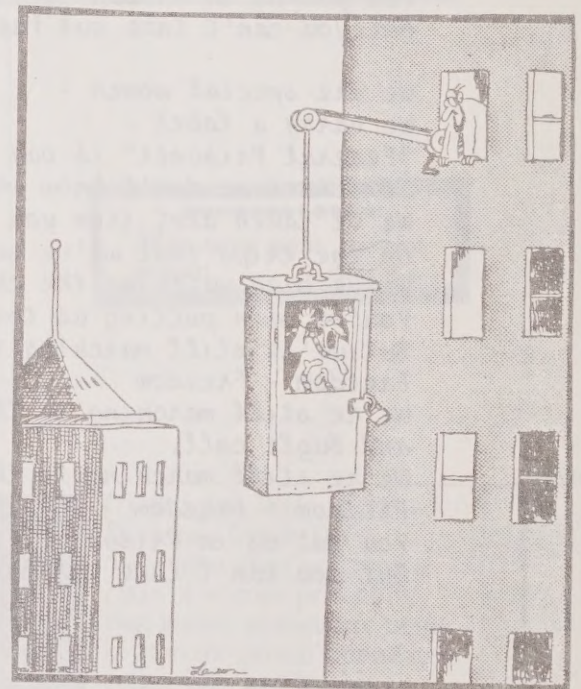
The age-old question of most murderers,
How to dispose of the incriminating corpse,
Was neatly solved in Niteroi
By Pedro Ignacio Angel:
"Who was arrested in the act
Of eating the remains of his ex-wife
Maria Santos, after axing her."
The report is woefully incomplete.
Apparently in Niteroi
Such happenings are hardly news.

LXXXV

The Mayor of Pocos de Caldas,
Sadly impressed with the advanced decay
And lack of comfort in the old town jail,
Closed it "after evicting the inmates
And permanently barring them from the building."



I SEE YOU IN A NICE SATISFYING
CLEANING JOB, SUZIE, THIS
COMMITTEE WORK IS EMOTIONALLY TAXIN



Professor Gallagher and his controversial
technique of simultaneously confronting the
fear of heights, snakes, and the dark

We love our neighbours to the South
 This is good.
 but copycat the American prison cystem?
 and "sell" our natural resources to them?
 Ah...well..."all's fair in love, war,
 and governMENT."

January 20, 1987

COMMONS DEBATES

①

✓

2443

[Translation]

S.O. 21

PENITENTIARIES

OPENING OF ATLANTIC INSTITUTION

Mr. W. R. Bud Jardine (Northumberland—Miramichi):
 Mr. Speaker, this Friday, January 23, the Atlantic Institution
 will be officially opened by the Solicitor General (Mr.
 Kelleher). This institution is a maximum security prison
 located in an economically depressed area of my riding which
 has a chronically high rate of unemployment.

The project was initiated by the previous Government at this
 site to satisfy a requirement by Correctional Services Canada
 for additional units, and to create jobs. I thank the previous
 Government for that. It was completed by the present Govern-
 ment for the same two reasons—requirement and long-term
 employment. We are most grateful. Surely all Hon. Members
 will find no fault with that logic and I dare say will continue to
 lend their support to similar institutions in other areas of the
 country with the same requirements—need and employment.

PRISONERS = 10135

.. NO REHABILITATION INTENDED



INVESTMENT CANADA

WEST KOOTENAY POWER AND LIGHT COMPANY—APPROVAL OF
SALE TO UNITED STATES CORPORATION

Mr. Nelson A. Riis (Kamloops—Shuswap): Mr. Speaker,
 Investment Canada recently approved the sale of West
 Kootenay Power and Light to an American firm, Utilicorp. of
 Kansas City, Missouri, U.S.A. West Kootenay Power is a
 crucial western Canadian utility involving both the generation
 of hydroelectric power and strategic water rights in the
 Kootenay region of British Columbia.

Investment Canada approved this sale even while the B.C.
 Utilities Commission hearings were taking place. At the very
 least the B.C. Utilities Commission should be allowed to
 complete its deliberations and bring down its report prior to
 Investment Canada approving this utility's sale to a foreign
 company.

I protest the undemocratic way in which the Investment
 Canada decision was made, essentially behind closed doors,
 with Parliament in recess, and beyond access by the elected
 representatives of the people of Canada. It should be noted
 that this decision by Investment Canada is in direct contraven-
 tion of the commitment of the federal Government that
 Canadian resources should be Canadian owned.

TO HELP ALLEVIATE FATIGUE

TWO LAWS OF ENERGY----- *

*KNEADING uses the fingers thumb, knuckles or hands to press into muscles.

For instance, use both hands to clasp the calf muscle. Alternate pressure from one hand to another, squeezing and moving up the length of the muscle towards the heart. Kneading is generally recommended for thighs, calves and top of the shoulders.

*FRICTION is a localized, circular or cross-fiber movement done around joints and tendons or across muscles. Friction is applied with fingertips, thumbs or fleshy base of thumbs.

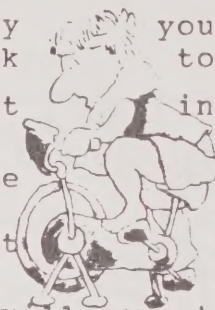
Moderate pressure is applied perpendicular to the length of the muscle or in a circular fashion. After friction strokes are completed a topical rub like Icy Hot, which combines the pain-relieving ingredients menthol (cooling) and methyl salicylate (warming), should be applied to help ease joint pain and maximize massage benefits.

*SHAKING is used between other techniques to relax the muscles, joints and tendons. Use both hands on a muscle and shake back and forth in a slow rhythmic fashion. You want to use large, rolling movements in shaking to loosen joint stiffness and immobility.

(I received pleasure just from re-typing this article!!# courtesy: COMMON GROUND

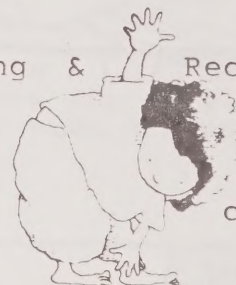
The energy you send out comes back to you....
if you act in a violent way....
you become violent
if you act in a peaceful way...
you will come to

PEACE.



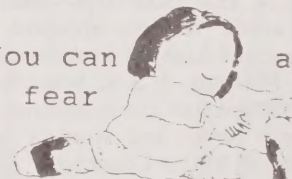
Giving & Receiving

are Two sides of the same coin.

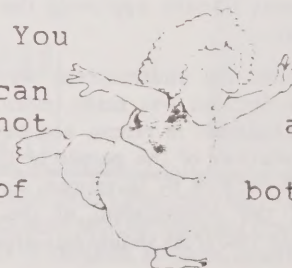


The Second Law is:
the greater your awareness
the greater your responsibility

You can act out of fear & limitation
or you can act out of a space of love & abundance!!



You can not act out of both spaces simultaneously!!!



TO HELP ALLEVIATE FATIGUE

Massage, once revered only by those in athletic circles, has emerged as a mainstream health and fitness routine for people of all ages and activity levels.

Massage has three basic effects on the body. They are circulatory, conditioning and tension reducing. Almost all massage movements yield more than one of the effects; all massage has circulatory effects, for instance.

Depending on what area of your body you are treating, you might want to experiment with a combination of these techniques.

A lubricant is essential during self-massage to reduce friction between the hands and the skin. A dual-action pain-relieving rub like Icy Hot is ideal if you have sore muscles or joints, because it increases skin warmth, thus enhancing the benefits of massage, and helps to relieve pain at the same time.

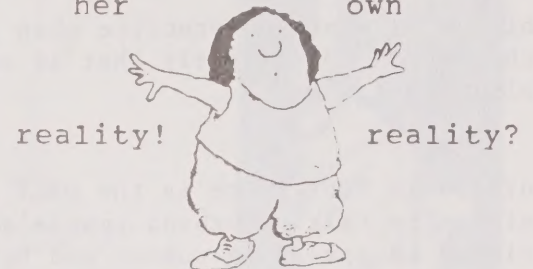
The basic techniques of massage are: Stroking, kneading, friction and shaking. With the exception of friction, a lubricant should be applied prior to beginning massage therapy.

Following are the basic movements and their benefits:

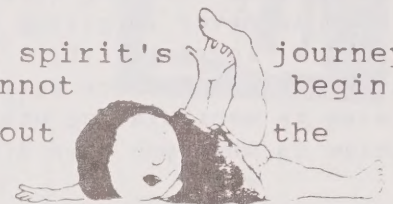
*STROKING begins and ends the massage. It is a long sliding action of the hands along the length of the muscle. Stroking should begin at the point furthest from the heart and always move towards the heart. Stroking stimulates overall circulation, which leads to increased joint mobility.

IDEAS***

"She never finds herself who never comes up against her own

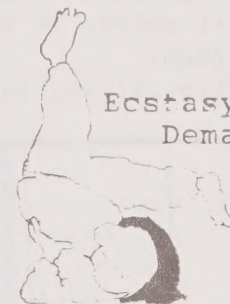


The spirit's journey cannot begin without the



Letting GO!!

That Ecstasy Demands



Our bodies do break & bend from beds of flu, colds & rheumatism....there is enough truth of limits in these moments so that

we have no need to stifle the ecstasies that our bodies

CELEBRATE!!! *

WHEE! WE, WEE, Matthew Fox

ASSHOLEISM

Assholeism is what you practice when you talk about unity, but do nothing in practice to achieve it. Most likely that is not clearly understood so I'll give you a few examples of it:

Assholeism is YOUR truth is the ONLY truth if not THE truth.

Assholeism is talking behind people's backs.

Assholeism is spreading rumors and believing in rumors.

Assholeism is believing in gossip and gossiping.

Assholeism is hostility instead of communication.

Assholeism is not helping others correct their mistakes.

Assholeism is never forgiving a mistake even when the one who has made it has corrected it.

Assholeism is using force against others because they disagree with you.

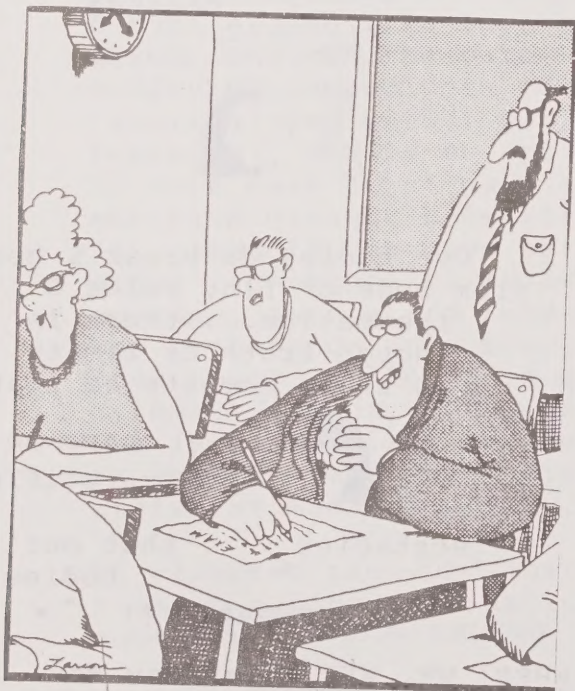
Assholeism is manipulating others against those you have differences with.

Assholeism is when you have differences with others, but won't tell them what they are.

Assholeism is not supporting even the good work of others because of some differences you have with them.

REAL Assholeism is when no matter what the enemy is doing to someone, all you can do it watch, or at most wish them well, because you have differences with them.

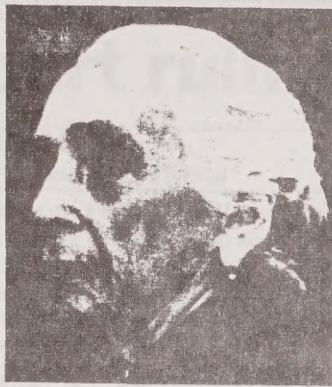
Assholeism is Liberalism, and Liberalism serves only the enemy.



Midway through the exam,
Allen pulls out a bigger brain.

Carl Harp, Washington State Prison
Walla Walla, Washington
January 2, 1980

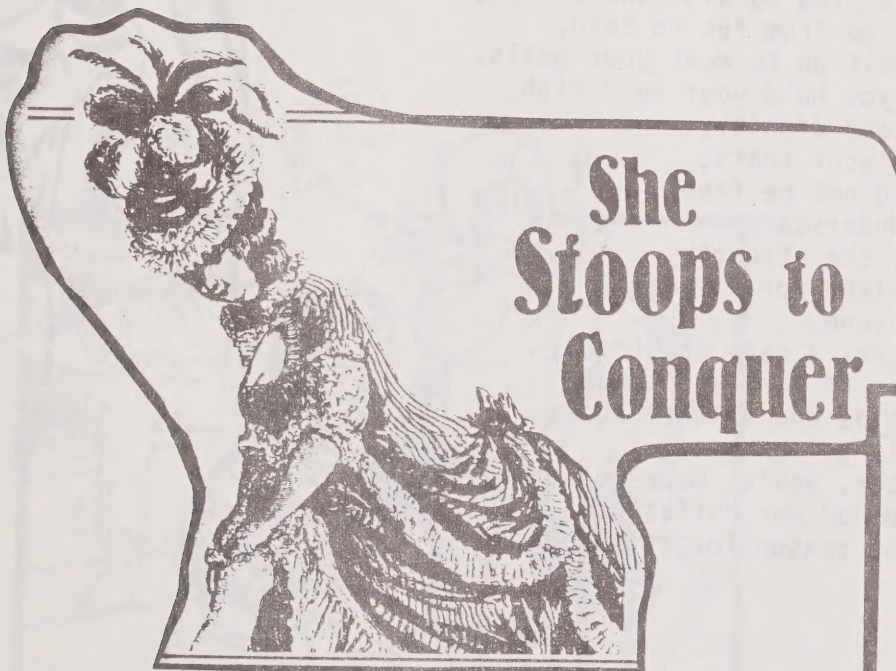
"The Essence of Greatness is the
ability to choose personal
FULFILLMENT.....
in circumstances where others
choose madness!!"



On this day, 1977: MAY 13
A 38-year exile is ended when Dolores Ibarruri, a living legend as La Pasionaria, finally touches the soil of Spain once again. A fiery orator before the Fascist takeover forced her out, she rallied Republican forces with the cry "It is better to die on your feet than to live on your knees."



On this day, 1848: JULY 19
In Seneca Falls, NY, over 300 people, mostly women, attend the world's 1st women's rights convention. There, on the following day, the 1st public demand for woman suffrage, contained in Elizabeth Cady Stanton's "Declaration of Principles," will just barely gain majority acceptance.



She Stoops to Conquer



The Strong Sex

To call a woman a member of the weaker sex is a libel. In what way is woman the weaker sex, I do not know. If the implication is that she lacks the brute instinct of man, or does not possess it in the same measure as man, the charge may be admitted. But then, woman becomes, as she is, the nobler sex. If she is weak in striking, she is strong in suffering.

— Mahatma Gandhi

PRISONER SISTER
(ODE TO JANICE)

I've watched you from a distance,
Watched in wonderment and awe,
I understood your spirit,
Because I looked into your eyes and saw,
I held my heart up to your soul,
Trying to let you know...
How very much I thought of you
When it came time for you to go.
Prisoner Sister, I care about you.
After 13 years of bars and cages,
Lost friendships and silent rages,
You're finally going home.
Prisoner Sister, you've made me strong,
Granted we've had out differences,
But you're the reason for this song.
I've watched your fears come openly,
Dark Glasses trying to hide the wounds,
I've seen you go from fat to thin,
Pushing yourself on to meet your goals.
I've watched you hold your head high,
With courage and dignity,
Smile through your tears,
When you could not be free.
And I can't understand
Where you got the strength
To live in prison for 13 years
And still be sane.
Prisoner Sister, I care about you,
After 13 years of bars and cages,
Lost friendships and silent rages,
You're finally going home.
Prisoner Sister, you've made me strong,
Granted we've had our differences,
But you're the reason for this song.



Jan. 19/89

To: Janice Gamble
From: Ann Riddell

2/THE WHIG-STANDARD, Friday, December 9, 1988

Court ruling prompts inmate to apply

By JACK RAFTER
Whig-Standard Staff Writer

Kingston Prison for Women inmate Janice Gamble will seek parole following yesterday's Supreme Court of Canada ruling that she was wrongly sentenced, her lawyer said.

Kingston lawyer Alan Manson said he has started the paperwork for her application to the parole board after the court ruled her mandatory 25-year sentence for first-degree murder violated her constitutionally guaranteed right to fundamental justice.

The mandatory sentence made Gamble ineligible for parole until

the year 2001.

Manson said when he told Gamble the good news yesterday she was so happy, she was almost speechless.

Gamble signed the necessary documents and a meeting will be arranged with the parole board next week, he said.

"She is the most deserving parole candidate I've ever known," Manson said. Her release would pose no risk to the public, he added.

Along with the glad tidings, Manson brought his client flowers — seven roses and two froesia. He said the choice of flowers contained no symbolism

or significance, but "was a function of the amount of money I had in my pocket at the time."

Gamble, now 34, was convicted in the slaying of Det.-Sgt. Allan Keith Harrison of the Calgary city police on March 12, 1976. Harrison was gunned down in a shoot-out with four suspects — two men and two women — following the robbery of the Inglewood Credit Union in Calgary.

Gamble's husband John died a day later when he committed suicide by a drug overdose after the suspects hijacked a taxi, took three hostages and barricaded themselves in a house.

The other man, William Nichols — who was convicted of the actual shooting and given the same sentence as Janice Gamble — joined her husband in a suicide pact at the house, but recovered. The other woman, Tracey Perry, was not charged.

Janice Gamble and Nichols were at first charged with murder punishable by death, but after the abolition of capital punishment in July 1976, they were tried for the new offence of first-degree murder, punishable by life in prison.

Gamble, who has been serving her sentence in Kingston since January 1977, went to court in 1985 to challenge the sentence.

SURVIVALWOMAN SAYS...

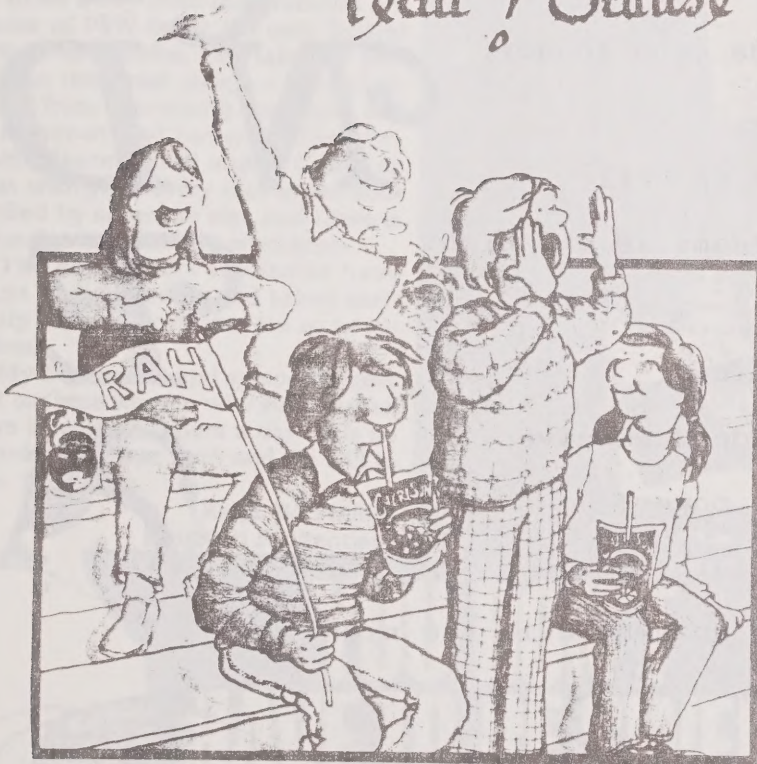
"I WANT TO CALL MY LAWYER"



"I WANT TO CALL MY M.P."

for parole

Yeah! Janice ☆♥



Undescribeable pain beyond fear, -
Rage within myself screaming for release
Afraid of someone hearing, listening for the screams.
Now the cry's remain inside
Looking for a way to release
Not knowing which way to turn.
Loss of power from greater distance
A strength of falling forward.
Then it all becomes so real, like yesterday
Violence burning without control
Looking for a better way to escape
Trapped, how long must it go on?
The rage inside myself screams even louder!
Waiting for the time to come.
It burns hotter than the fire in hell
Hoping know one hears the screams in the night
The animal is awake.
Claws at the faces of who listens
Sending their fears deep inside themselves.
Hidden in the darkness of the power
Power of never seeing light again
The tears of fresh blood fade, somewhere in the night.
Sleep returns, not knowing when
I suddenly awake, dripping in sweat
Still torn inside!

"unknown"

T T N O S R I N D E



THANKS
TO
the
P 4 W
WATCH
MEMBERS

Thanks Guys &
K.P., Willhaven,
the Bay, P.A.-sha,

also MANY THANKS TO ALL
AT the EDMONTON Institution
for the Mega Subscription

Miss Red White and Blue 16/89
**P4W's problems
no surprise**

This is in response to the problems that are currently taking place in the Prison for Women ("Cause for tension at prison disputed," Jan. 6).

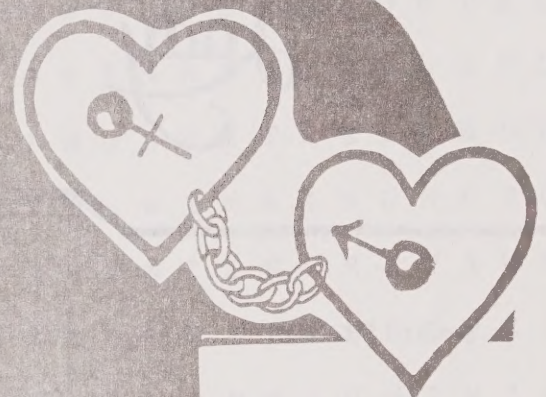
What do the staff there expect? You have women who are thousands of miles away from their families because of P4W being the only federal prison for females. You take any person on the street today — take them away from everything they have and care about and naturally they become depressed or angry. Combine that with your every movement controlled by someone else and there is bound to be a flare-up of violence.

The complaints the ladies have must be listened to and taken seriously if these problems are to be resolved.

My heart, love and sympathy goes out to these women who suffer seven days a week, 24 hours a day. It is no wonder they lose faith and the will to live.

Ralph W. Phillips
Kingston Penitentiary

**YOU DON'T
HAVE TO BE SWEET
TO BE GOOD.**



The Prince of Joy
When you've been there and back

"I'm tough, ambitious, and I know exactly what I want. If that makes me a bitch, O.K."

— Madonna

LOVE OR LUST???

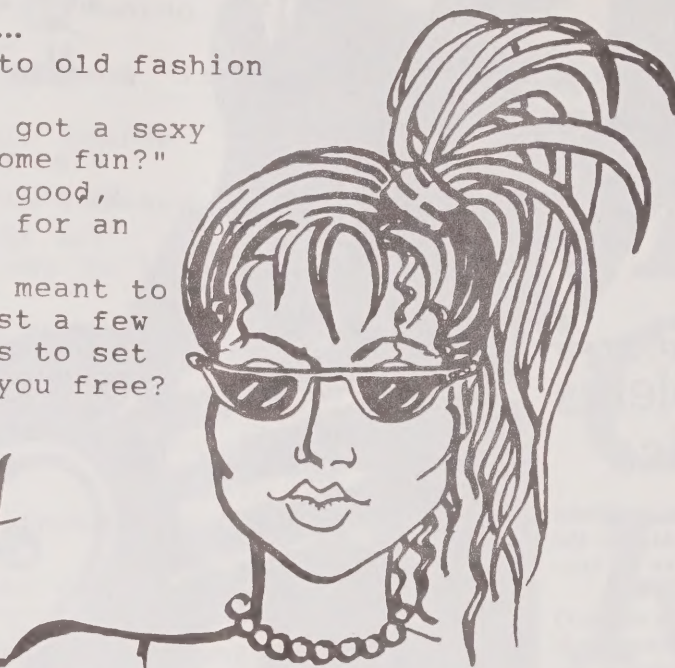
A Reader Asks:

Whatever happened to old fashion lust?

How about: "You've got a sexy body, let's have some fun?" or "Fuck, that was good, why don't you stay for an encore?"

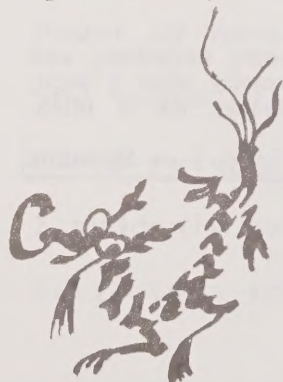
Simple phrases not meant to chain you down Just a few nice words to set you free?

Dragon Lady



Dear Frustrated In Love!

Obviously you've had some bad experience's in the area of "love". Don't spend the rest of your life with a rotten attitude because of one or two misencounter's in love. I don't know your circumstance's but don't give up hope unless you're really "fat & ugly" there is nothing wrong with just saying "wanna fuck". No string's, no headache's. Remember though, people who say "yes" to a casual lay have the moral's of an alley cat & the class of an S&R discount. My advice to you, if your cute, you'll more than likely meet someone, don't give up hope! If your "ugly & fat", learn to live with yourself, buy a vibrator & live happily ever after.



Love

Dragon Lady!!!

(If Dragon Lady's reply personally offends you write TIGHTWIRE....we'll print your reply!!)

HAVE A STAR QUALITY DAY!!

*"Thank you. Have a star-quality day!"*

"PRIZE'S"

FIRST THREE ENTRIE'S
PICKED WILL SCORE
\$10 IN CANTEEN!!
(NO KIDDING)

ENTRIE'S MUST BE
IN BY APRIL 28/89.

A CARIBBEAN VACATION

BASKING	OCEAN
BEACHES	RAIN
CAMERAS	REEFS
CAYS	RELAXATION
CORAL	RESORTS
DIVING	SAND
EXCURSIONS	SIGHTSEEING
FISHING	SUN
GOLF	SWIMMING
HEAT	TOURISTS
HOTELS	VISTAS
HUMIDITY	WATER SKIING

ONWVDSSRESORTSQ
ROBEMNPHOTELSVU
EIWULEZTWEDMWLR
ETCSWIMMINGHLYQ
FAXGNIIKSRETAWT
SXTOURISTSEEPZS
TACGSRBXLGNIVID
HLKNAEYAHYTRKSK
EEWICCHTSSJAUX
XRGEAERCIKAOENW
CRFEYTANADITXHT
ULTSSCIOFEINSBR
RHDTOANNIABMGIG
SLBHRMLNSCSFUHV
IEHGVEJAHGALIH
OHSIDRTEIDNOKHO
NZDSIARCNWDGSVL
SWZJDSBOGRCORAL

"

Where there is Love,

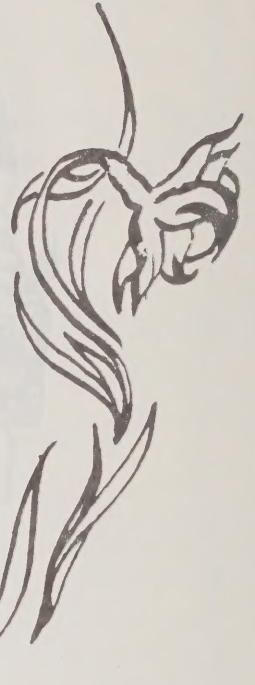
there is Hope -

Where there

is Hope,

there is

Strength."



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Two Years \$18.⁰⁰

Renewal

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As the Season of Spring brings renewal to Nature
May we find those gifts
Which the Creator gives to each of us
With which to make our days happy
Not by shielding us from all sorrow and
Pain but by strengthening us to bear it, if
It comes. Not by making our paths easy,
But by making us sturdy enough to travel
Any path. Not by taking hardships from
Us, but by taking all cowardice and fear
from our hearts. Not by granting us
Unbroken Sunshine, but by keeping our
Faces bright even in shadows. Not by
Making our lives always pleasant, but by
Showing us where humanity needs
Us most and by making us
Anxious to be there and help.

submitted by a reader
adapted from -

Wildlife Review, Winter 1975

Greenland, Cyril
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Toronto, ON
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